

Grand Prix CITY TRAIL z Nationale-Nederlanden 2022/2023
Wrocław, Bieg 4, 2023-02-04



| MSC | NR | NAZWISKO | IMIĘ | MIJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|----------------|------------|------------------|------------------------------------|------|-----|----------|------------|-------------|---|---|
| 1 | 1 | GORZELAŃCZYK | JAKUB | GOLĘCZEWO | MKS SIECHNICE | 1991 | M30 | | 00:15:16 | 00:15:17 | | |
| 2 | 4 | WENDLAND | MICHAŁ | WROCLAW | MKS SIECHNICE | 1989 | M30 | | 00:15:40 | 00:15:41 | | |
| 3 | 1357 | SEMPER | MATEUSZ | SOSNOWIEC | MKS-MOS PŁOMIEN SOSNOWIEC | 1999 | M20 | | 00:15:42 | 00:15:43 | | |
| 4 | 1349 | KOWALSKI | WOJCIECH | NADOLICE WIELKIE | WKS ŚLĄSK | 1982 | M40 | | 00:15:49 | 00:15:50 | | |
| 5 | 409 | WIECZOREK | MIKOŁAJ | WIERUSZÓW | WOSIEK TEAM | 2001 | M20 | | 00:15:58 | 00:15:59 | | |
| 6 | 8 | ADAMCZAK | KACPER | TARCHAŁY WIELKIE | WOSIEK TEAM | 2003 | M16 | | 00:16:02 | 00:16:02 | | |
| 7 | 3 | PRZESTRZELSKI | KAJETAN | WROCLAW | WOSIEK TEAM | 2001 | M20 | | 00:16:02 | 00:16:02 | | |
| 8 | 1352 | KURZYP | STANISŁAW | WROCLAW | WKS ŚLĄSK | 2002 | M20 | | 00:16:32 | 00:16:33 | | |
| 9 | 1331 | CZERNAK | PAWEŁ | SOSNÓWKA | BLACK HAT PRO | 1985 | M30 | | 00:16:36 | 00:16:37 | | |
| 10 | 1366 | CHATYS | PRZEMYSŁAW | K-KOŻŁE | KU AZS POLITECHNIKA OPOLSKA | 1990 | M30 | | 00:16:48 | 00:16:48 | | |
| 11 | 325 | MAŃKOWSKI | KAMIL | WROCLAW | | 1995 | M20 | | 00:16:56 | 00:16:56 | | |
| 12 | 371 | KULIK | ROBERT | TWARDOGÓRA | WOSIEK TEAM | 2002 | M20 | | 00:17:15 | 00:17:18 | | |
| 13 | 1311 | OGRODNIK | MACIEJ | PRZEMIŁÓW | DEVINITI | 1997 | M20 | | 00:17:21 | 00:17:22 | | |
| 14 | 40 | LULIS | DAWID | WROCLAW | ALTRA TEAM RED | 1988 | M30 | | 00:17:21 | 00:17:23 | | |
| 15 | 47 | DEMUCHA | MACIEJ | BIŁGORAJ | | 2001 | M20 | | 00:17:21 | 00:17:23 | | |
| 16 | 340 | MARKOWICZ | ŁUKASZ | WROCLAW | WOSIEK TEAM | 1994 | M20 | | 00:17:23 | 00:17:24 | | |
| 17 | 1199 | CHRZANOWSKI | PATRYK | BIELAWA | PCH SPORT TEAM | 1989 | M30 | | 00:17:36 | 00:17:37 | | |
| 18 | 83 | BUJAŁA | MICHAŁ | JAWOR | FOTOBOKS.PL - FOTOBUDKA NA IMPREZĘ | 1987 | M30 | | 00:17:42 | 00:17:43 | | |
| 19 | 1337 | NICPN | SEBASTIAN | JELENIA GÓRA | BLACK HAT PRO | 1993 | M20 | | 00:17:43 | 00:17:44 | | |
| 20 | 200 | FEDOROWICZ | JACEK | WROCLAW | KB VAMOS AMIGOS WROCLAW | 1970 | M50 | | 00:17:50 | 00:17:51 | | |
| 21 | 275 | CZARNOTA | DARIUSZ | WYSOKA/WSCHOWA | | 1989 | M30 | | 00:17:56 | 00:17:56 | | |
| 22 | 432 | PELC | PAWEŁ | WROCLAW | LOMAG SOFTWARE | 1978 | M40 | | 00:17:57 | 00:17:57 | | |
| 23 | 1081 | KASPRZAK | IRENEUSZ | WROCLAW | KB VAMOS AMIGOS WROCLAW | 1962 | M60 | | 00:18:03 | 00:18:04 | | |
| 24 | 294 | SZYDŁO | MATEUSZ | SIEDLISKO | | 2001 | M20 | | 00:18:05 | 00:18:07 | | |
| 25 | 292 | WAŻNY | ARTUR | WROCLAW | WKS ŚLĄSK WROCLAW | 2005 | M16 | | 00:18:09 | 00:18:11 | | |
| 26 | 1197 | TOBOREK | JAKUB | WROCLAW | WKS ŚLĄSK WROCLAW | 2003 | M16 | | 00:18:16 | 00:18:17 | | |
| 27 | 422 | HARZOWSKI | MATEUSZ | WROCLAW | GÓRYLASY | 1990 | M30 | | 00:18:17 | 00:18:17 | | |
| 28 | 339 | KUSAL | TOMASZ | WROCLAW | SKLEP BIEGACZA | 1995 | M20 | | 00:18:16 | 00:18:18 | | |
| 29 | 466 | KURZYDŁO | KACPER | ŚWIDNICA | | 1998 | M20 | | 00:18:19 | 00:18:20 | | |
| 30 | 390 | SAWICKI | MACIEJ | RADWANICE | ELEKTROTECHNICY | 1992 | M30 | | 00:18:16 | 00:18:21 | | |
| 31 | 309 | NOWAK | PAWEŁ | WROCLAW | ALOHA HAKUNA | 1986 | M30 | | 00:18:22 | 00:18:24 | | |
| 32 | 218 | JOSYPENKO | JĘDRZEJ | WARSZAWA | DREAM RUN | 1986 | M30 | | 00:18:26 | 00:18:26 | | |
| 33 | 1102 | WIKTORSKI | MIESZKO | WROCLAW | TRENUJZNAMI.PL | 1981 | M40 | | 00:18:26 | 00:18:27 | | |
| 34 | 1370 | CWALINA | KRZYSZTOF | POZNAŃ | FEHLAU RUN TEAM | 1976 | M40 | | 00:18:30 | 00:18:32 | | |
| 35 | 1348 | MAJOWSKI | JAN | GÓRY KALWARII | WKS ŚLĄSK WROCLAW | 2005 | M16 | | 00:18:33 | 00:18:34 | | |
| 36 | 1161 | WENNE | ARTUR | KRZEPTÓW | INSERT TEAM / ZA10 SMOLEC | 1972 | M50 | | 00:18:34 | 00:18:35 | | |
| 37 | 125 | ZAWADZKI | WIT | BIESTRZYKÓW | MATNER RUNNING TEAM | 1981 | M40 | | 00:18:44 | 00:18:45 | | |
| 38 | 307 | PISAREK | MACIEJ | ŁOZINA | | 1978 | M40 | | 00:18:45 | 00:18:50 | | |
| 39 | 1250 | CICHOWSKI | WOJCIECH | WROCLAW | 140MINUT.PL | 1992 | M30 | | 00:18:48 | 00:18:52 | | |
| 40 | 465 | SABAT | KAMIL | WROCLAW | 140MINUT.PL | 1991 | M30 | | 00:18:52 | 00:18:55 | | |
| 41 | 1204 | WODZICKI | FILIP | WROCLAW | WKS ŚLĄSK WROCLAW | 2006 | M16 | | 00:19:00 | 00:19:02 | | |
| 42 | 1233 | CZAPKA | NORBERT | BRZEG | EURODENT | 1971 | M50 | | 00:19:01 | 00:19:04 | | |
| 43 | 362 | RASZEJA | FILIP | WROCLAW | WOSIEK TEAM | 2002 | M20 | | 00:19:01 | 00:19:04 | | |
| 44 | 485 | PAWLUS | KLAUDIA | WSCHOWA | | 2000 | K20 | | 00:19:10 | 00:19:12 | | |
| 45 | 385 | SZCZERBAKOWICZ | KAMIL | NADOLICE WIELKIE | | 1989 | M30 | | 00:19:13 | 00:19:16 | | |
| 46 | 314 | PISARSKI | BARTOSZ | WROCLAW | | 1988 | M30 | | 00:19:17 | 00:19:19 | | |
| 47 | 1377 | ZAWADZKI | ANDRZEJ | SIECHNICE | SOBCZYK TEAM- MKS SIECHNICE | 1983 | M30 | | 00:19:21 | 00:19:24 | | |
| 48 | 1084 | PIETRAS | KINGA | RADOMSKO | WOSIEK TEAM | 2001 | K20 | | 00:19:24 | 00:19:25 | | |
| 49 | 1194 | SOBCZYŃSKI | KALIKST | WROCLAW | WKS ŚLĄSK | 1971 | M50 | | 00:19:24 | 00:19:27 | | |
| 50 | 1036 | GRYGIEL | ILONA | WROCLAW | MKS SIECHNICE | 1999 | K20 | | 00:19:31 | 00:19:33 | | |
| 51 | 142 | WRÓBEL | DAMIAN | WROCLAW | | 1989 | M30 | | 00:19:33 | 00:19:38 | | |

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|-----|------|-------------------|------------|------------------|------------------------------|------|-----|----------|------------|-------------|---|---|
| 52 | 91 | GLÓD | MATEUSZ | WROCLAW | | 1979 | M40 | | 00:19:39 | 00:19:41 | | |
| 53 | 1353 | SUDOL | HANIA | WROCLAW | WKS ŚLĄSK WROCLAW | 2002 | K20 | | 00:19:40 | 00:19:47 | | |
| 54 | 316 | ZIĘBA | BŁĄŻEJ | WILCZYCE | 140MINUT.PL | 1978 | M40 | | 00:19:48 | 00:19:52 | | |
| 55 | 1341 | JARASZKIEWICZ | HANIA | POZNAŃ | KOBIETY BIEGAJĄ | 1986 | K30 | | 00:19:53 | 00:19:56 | | |
| 56 | 271 | TOMCZYK | RAFAŁ | WROCLAW | WOSIEK TEAM | 1983 | M30 | | 00:19:53 | 00:19:54 | | |
| 57 | 1342 | CZARNECKI | SZYMON | POZNAŃ | DOGONIĆ CZOŁÓWKĘ | 1985 | M30 | | 00:19:54 | 00:19:57 | | |
| 58 | 321 | OLTUCH | PATRYK | ŻMIGRÓD | 140MINUT.PL | 1995 | M20 | | 00:19:56 | 00:20:01 | | |
| 59 | 1147 | DYKA | MIŁOSZ | WROCLAW | | 1998 | M20 | | 00:20:03 | 00:20:09 | | |
| 60 | 453 | NOLBERT | ADAM | WROCLAW | GST TEAM | 1970 | M50 | | 00:20:06 | 00:20:11 | | |
| 61 | 130 | BUDZIEWSKA | KATARZYNA | ŁAGIEWNIKI | ŁAB ŁAGIEWNIKI | 1985 | K30 | | 00:20:10 | 00:20:12 | | |
| 62 | 1451 | SŁAWIŃSKI | ROBERT | WAŁBRZYCH | GÓRNIK WAŁBRZYCH | 1975 | M40 | | 00:20:10 | 00:20:12 | | |
| 63 | 428 | WOLCZEK-WOJTYSZYN | PAULINA | WROCLAW | EX TEAM | 1994 | K20 | | 00:20:13 | 00:20:17 | | |
| 64 | 1327 | KACZOREK | MATEUSZ | JELENIA GÓRA | VXR | 1993 | M20 | | 00:20:14 | 00:20:19 | | |
| 65 | 338 | KRZYSKÓW | PIOTR | WROCLAW | VELICANTE SPORT TEAM | 1983 | M30 | | 00:20:16 | 00:20:21 | | |
| 66 | 438 | WIELGUS | MICHAŁ | PACZKÓW | | 2003 | M16 | | 00:20:19 | 00:20:21 | | |
| 67 | 410 | KIELCZEWSKI | GRZEGORZ | WROCLAW | | 1960 | M60 | | 00:20:21 | 00:20:23 | | |
| 68 | 238 | KOWAL | SEBASTIAN | WROCLAW | | 1985 | M30 | | 00:20:23 | 00:20:27 | | |
| 69 | 1374 | FICNER | ANNA | ZŁOTORYJA | MKS SIECHNICE | 1985 | K30 | | 00:20:24 | 00:20:26 | | |
| 70 | 88 | RADECKI | JAKUB | WROCLAW | KUBUTEK RUNNING TEAM WROCLAW | 1975 | M40 | | 00:20:25 | 00:20:26 | | |
| 71 | 241 | BANACHOWSKA | ALICJA | BRZEG | AMBROZIK TEAM | 1981 | K40 | | 00:20:26 | 00:20:28 | | |
| 72 | 306 | PISAREK | ALICJA | ŁOZINA | | 2006 | K16 | | 00:20:27 | 00:20:33 | | |
| 73 | 375 | WRÓBEL | PAWEŁ | SIECHNICE | MKS SIECHNICE | 1989 | M30 | | 00:20:29 | 00:20:33 | | |
| 74 | 1106 | LENART | RAFAL | WROCLAW | DRUŻYNA ML | 1989 | M30 | | 00:20:29 | 00:21:34 | | |
| 75 | 168 | PRUSEK | PIOTR | ŚRODA ŚLASKA | | 1974 | M40 | | 00:20:32 | 00:20:35 | | |
| 76 | 424 | PŁONOWSKI | MACIEJ | WROCLAW | PSZCZÓŁKOWSKI TEAM | 1989 | M30 | | 00:20:33 | 00:20:37 | | |
| 77 | 397 | ŁUKASZEWSKI | ANDRZEJ | WROCLAW | | 1967 | M50 | | 00:20:34 | 00:20:36 | | |
| 78 | 173 | PAWLAK | DANIEL | KŁODZKO | LKS ISKRA JASZKOWA | 1979 | M40 | | 00:20:35 | 00:20:37 | | |
| 79 | 330 | KUBICA | PAWEŁ | SIECHNICE | GÓRYLASY | 1985 | M30 | | 00:20:36 | 00:20:39 | | |
| 80 | 411 | JAZ | ZYGMUNT | WROCLAW | | 1961 | M60 | | 00:20:37 | 00:20:40 | | |
| 81 | 334 | CZUBAKOWSKI | MARCIN | WILCZYCE | #SOBASTEAM | 1981 | M40 | | 00:20:37 | 00:20:41 | | |
| 82 | 1335 | ZBOROWSKI | KRZYSZTOF | WILKÓW | | 1982 | M40 | | 00:20:41 | 00:20:43 | | |
| 83 | 474 | SMALIANKOU | ANTON | WROCLAW | BYCHOW | 1990 | M30 | | 00:20:42 | 00:20:47 | | |
| 84 | 36 | FONROBERT | DOMINIK | WROCLAW | #TRIMP TRIATHLON IMPULSE | 1977 | M40 | | 00:20:42 | 00:20:47 | | |
| 85 | 1209 | STRUGAREK | ŁUKASZ | NADOLICE WIELKIE | WKS ŚLĄSK WROCLAW | 2003 | M16 | | 00:20:42 | 00:20:44 | | |
| 86 | 479 | MADERA | ANDRZEJ | WROCLAW | KILOMETRY POMOCY | 1977 | M40 | | 00:20:44 | 00:20:48 | | |
| 87 | 1368 | ŁABUZ | MAŁGORZATA | WROCLAW | #SOBASTEAM | 1985 | K30 | | 00:20:44 | 00:20:49 | | |
| 88 | 345 | PROSZAK | SEBASTIAN | KŁODZKO | GÓRYLASY | 1972 | M50 | | 00:20:45 | 00:20:50 | | |
| 89 | 1172 | ZAKRZEWSKI | WOJCIECH | WROCLAW | OIRP WROCLAW | 1990 | M30 | | 00:20:47 | 00:20:55 | | |
| 90 | 1101 | JAMROZIK | MATEUSZ | WROCLAW | MATNER RUNNING TEAM | 1984 | M30 | | 00:20:49 | 00:20:58 | | |
| 91 | 201 | SMARDZ | MATEUSZ | WROCLAW | MATNER RUNNING TEAM | 1984 | M30 | | 00:20:51 | 00:21:00 | | |
| 92 | 242 | BANACHOWSKI | WALDEMAR | BRZEG | BRZEG WALVET TEAM | 1976 | M40 | | 00:20:52 | 00:20:57 | | |
| 93 | 225 | GRONOWSKI | PAWEŁ | PRZEMIŁÓW | | 1966 | M50 | | 00:20:55 | 00:21:59 | | |
| 94 | 310 | NOWAKOWSKI | MARCIN | WROCLAW | | 1983 | M30 | | 00:20:59 | 00:22:02 | | |
| 95 | 1252 | KOCIUBA | WIKTOR | WROCLAW | WKS ŚLĄSK WROCLAW | 2006 | M16 | | 00:21:01 | 00:21:04 | | |
| 96 | 277 | BEDNAREK | KAROLINA | RADWANICE | | 1987 | K30 | | 00:21:07 | 00:21:10 | | |
| 97 | 170 | LENART | MIŁOSZ | KĘTRZYN | DRUŻYNA ML | 1965 | M50 | | 00:21:08 | 00:22:13 | | |
| 98 | 1073 | MAJEWSKA | AGATA | WROCLAW | | 1978 | K40 | | 00:21:08 | 00:21:10 | | |
| 99 | 1363 | WIDZIEWICZ | REMIGIUSZ | DOMASŁAW | WKS ŚLĄSK | 1966 | M50 | | 00:21:08 | 00:21:15 | | |
| 100 | 468 | KRUKOWSKI | ŁUKASZ | GROBLICE | MKS SIECHNICE | 1983 | M30 | | 00:21:09 | 00:21:14 | | |
| 101 | 405 | HERBINGER | MACIEJ | WROCLAW | ALOHA HAKUNA | 1978 | M40 | | 00:21:09 | 00:21:15 | | |
| 102 | 395 | RODAK | SZYMON | WROCLAW | ELEKTROTECHNICY | 1992 | M30 | | 00:21:12 | 00:21:18 | | |

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|-----|------|--------------------|-----------|------------------|-------------------------------------|------|-----|----------|------------|-------------|---|---|
| 103 | 1344 | ZACHARA | ŁUKASZ | KILIANÓW | KLUB BIEGACZA KĄTY WROCŁAWSKIE | 1982 | M40 | | 00:21:14 | 00:22:28 | | |
| 104 | 137 | JAROSZEWSKI | KONRAD | WROCŁAW | ALOHA HAKUNA | 1993 | M20 | | 00:21:16 | 00:21:23 | | |
| 105 | 117 | SZCZERBAKOWSKI | BARTOSZ | WROCŁAW | | 1979 | M40 | | 00:21:17 | 00:21:22 | | |
| 106 | 373 | KWIECIEŃ | MAGDA | WROCŁAW | MKS SIECHNICE | 1990 | K30 | | 00:21:18 | 00:21:21 | | |
| 107 | 296 | BURSZTA-RYPEL | MATYLDA | WROCŁAW | WOSIEK TEAM | 1992 | K30 | | 00:21:18 | 00:21:24 | | |
| 108 | 450 | ŁOMNICKA | BARBARA | WROCŁAW | SOBCZYK TEAM-MKS SIECHNICE | 1979 | K40 | | 00:21:23 | 00:21:26 | | |
| 109 | 184 | PAJOR | BARTOSZ | WROCŁAW | GVT | 1984 | M30 | | 00:21:26 | 00:21:30 | | |
| 110 | 393 | KOSSOWSKI | SEBASTIAN | WROCŁAW | | 1990 | M30 | | 00:21:28 | 00:21:33 | | |
| 111 | 90 | MURMYŁO | WOJCIECH | WROCŁAW | ALOHA HAKUNA | 1975 | M40 | | 00:21:30 | 00:22:35 | | |
| 112 | 167 | BACHURSKI | TOMASZ | MIŁOSZYCE | 140 MINUT.PL/KB HARCOWNIK JELCZ ... | 1978 | M40 | | 00:21:31 | 00:21:35 | | |
| 113 | 1312 | BOGACZ | PATRYCJA | WOŁÓW | WOŁÓW BIEGA | 2001 | K20 | | 00:21:32 | 00:21:38 | | |
| 114 | 1257 | CIESIÓŁKA | KATARZYNA | WROCŁAW | WKS ŚLĄSK | 2000 | K20 | | 00:21:33 | 00:21:40 | | |
| 115 | 347 | MIELCZAREK | TOMASZ | WROCŁAW | | 1975 | M40 | | 00:21:34 | 00:21:41 | | |
| 116 | 9 | SOBCZYK | TOMASZ | WROCŁAW | MKS SIECHNICE | 1977 | M40 | | 00:21:34 | 00:21:35 | | |
| 117 | 1140 | KOLANEK | TOMASZ | WILCZYCE | MAM WYBIEGANE | 1982 | M40 | | 00:21:36 | 00:21:41 | | |
| 118 | 143 | GÓRSKI | ŁUKASZ | KAMIEŃ | | 1982 | M40 | | 00:21:38 | 00:21:45 | | |
| 119 | 1128 | DEMKOWSKI | MARCIN | WROCŁAW | 140MINUT.PL | 1985 | M30 | | 00:21:39 | 00:21:45 | | |
| 120 | 267 | LULIS | ANNA | WROCŁAW | #SOBASTEAM | 1980 | K40 | | 00:21:42 | 00:21:47 | | |
| 121 | 281 | BUDNIK | ŁUKASZ | WROCŁAW | GÓRYLASY | 1984 | M30 | | 00:21:46 | 00:21:49 | | |
| 122 | 263 | HOPEJ | MICHAŁ | WROCŁAW | | 1991 | M30 | | 00:21:48 | 00:23:05 | | |
| 123 | 457 | GÓRAL | MACIEJ | WROCŁAW | | 1985 | M30 | | 00:21:58 | 00:22:06 | | |
| 124 | 65 | KLUCZKA | MATEUSZ | NADOLICE WIELKIE | | 2006 | M16 | | 00:21:58 | 00:23:08 | | |
| 125 | 1287 | JUCHNOWICZ | MATEUSZ | ZMIGRÓD | PRZEGRYW | 1995 | M20 | | 00:21:58 | 00:23:08 | | |
| 126 | 1419 | WHITNEY | WIKTORIA | ZACHOWICE | MKS PARASOL WROCŁAW | 2005 | K16 | | 00:21:59 | 00:22:00 | | |
| 127 | 388 | GUZERA | JUSTYNA | WROCŁAW | MATNER RUNNING TEAM | 1987 | K30 | | 00:22:00 | 00:22:16 | | |
| 128 | 1347 | JARASZKIEWICZ | WOJCIECH | KAŻMIERZ | | 1984 | M30 | | 00:22:05 | 00:22:11 | | |
| 129 | 1308 | UCIECHOWSKA | DOROTA | WROCŁAW | | 1996 | K20 | | 00:22:06 | 00:22:11 | | |
| 130 | 50 | SMAC | ADAM | WROCŁAW | PULSAR WROCŁAW | 1973 | M40 | | 00:22:07 | 00:23:12 | | |
| 131 | 1227 | LIPIŃSKI | RAFAŁ | BRZEG | WALVET TEAM | 1990 | M30 | | 00:22:11 | 00:22:14 | | |
| 132 | 414 | WRÓBLEWSKI | WOJCIECH | WROCŁAW | | 1987 | M30 | | 00:22:14 | 00:23:37 | | |
| 133 | 359 | HABER | AGNIESZKA | GROBLICE | SOBCZYK TEAM-MKS SIECHNICE | 1987 | K30 | | 00:22:20 | 00:22:25 | | |
| 134 | 101 | CZERNECKI | WOJCIECH | WROCŁAW | | 1978 | M40 | | 00:22:24 | 00:23:36 | | |
| 135 | 472 | NAPIERAJ | DOMINIKA | WROCŁAW | CITY TRAIL TEAM/ FALSTART RUDNIKI | 1991 | K30 | | 00:22:25 | 00:23:29 | | |
| 136 | 1142 | PILETSKI | MAKSIM | WROCŁAW | WIECZORNE BIEGANIE WE WROCŁAWIU | 1991 | M30 | | 00:22:28 | 00:23:39 | | |
| 137 | 1359 | BOCHYNSKI | KAROL | WROCŁAW | | 1996 | M20 | | 00:22:33 | 00:23:50 | | |
| 138 | 392 | POMIANOWSKI | SZYMEK | WROCŁAW | KURACJUSZE | 1984 | M30 | | 00:22:35 | 00:23:45 | | |
| 139 | 24 | IWANSKI | GRZEGORZ | WROCŁAW | DBTP | 1989 | M30 | | 00:22:37 | 00:26:01 | | |
| 140 | 61 | SZKUDLARSKI | TOMASZ | WROCŁAW | WROCŁAWSKIE ŁAZIKI | 1972 | M50 | | 00:22:42 | 00:23:58 | | |
| 141 | 1175 | CWENAR | MAREK | WROCŁAW | THE BEST FAMILY | 1970 | M50 | | 00:22:46 | 00:22:55 | | |
| 142 | 1193 | BENEDYK | MATEUSZ | WROCŁAW | PODATKI TO KRADZIEŻ | 1986 | M30 | | 00:22:47 | 00:23:53 | | |
| 143 | 322 | KOZUBEK | WIKTORIA | WROCŁAW | 140 MINUT TEAM | 1997 | K20 | | 00:22:48 | 00:23:57 | | |
| 144 | 1361 | MAJER | AGNIESZKA | WROCŁAW | EYEOFTHETIGER | 1990 | K30 | | 00:22:49 | 00:23:55 | | |
| 145 | 484 | HOTAŁA | ANNA | WROCŁAW | ALOHA HAKUNA | 1982 | K40 | | 00:22:50 | 00:22:57 | | |
| 146 | 1187 | ZIĘTEK | KRZYSZTOF | OSTRÓW WLKP. | ADIDAS RUNNERS | 1973 | M40 | | 00:22:52 | 00:26:11 | | |
| 147 | 1336 | DREWNICKA-OGRODNIK | JOANNA | WROCŁAW | DEVINITI/KB SOBÓTKA | 1967 | K50 | | 00:22:52 | 00:23:00 | | |
| 148 | 403 | SKRZEK | MARCIN | WROCŁAW | DRUŻYNA SMA | 1980 | M40 | | 00:22:53 | 00:24:55 | | |
| 149 | 434 | GAŁUSZKA | MATEUSZ | WROCŁAW | GÓRYLASY | 1990 | M30 | | 00:22:53 | 00:22:59 | | |
| 150 | 1343 | GAŁUSZKA | DARIA | WROCŁAW | ALOHA TEAM | 1989 | K30 | | 00:22:56 | 00:23:04 | | |
| 151 | 1249 | CICHOWSKA | ANNA | WROCŁAW | | 1987 | K30 | | 00:22:57 | 00:23:13 | | |
| 152 | 423 | KONDRAT | KAMIL | WROCŁAW | JAMNIKI ZAŁĄDY | 1994 | M20 | | 00:22:58 | 00:24:10 | | |
| 153 | 335 | KRUK | PAWEL | WROCŁAW | | 1982 | M40 | | 00:22:58 | 00:24:05 | | |

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| MSC | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|---------------|------------|-------------------|-------------------------------------|------|-----|----------|------------|-------------|---|---|
| 154 | 398 | JASIŃSKI | PIOTR | WROCLAW | VELUX TEAM | 1978 | M40 | | 00:22:59 | 00:23:06 | | |
| 155 | 1231 | KOZACZKIEWICZ | PAWEŁ | WROCLAW | | 1976 | M40 | | 00:23:00 | 00:23:03 | | |
| 156 | 257 | BRYDA | DOROTA | BRZEG | EURODENT | 1971 | K50 | | 00:23:02 | 00:23:14 | | |
| 157 | 460 | FILIPOWSKI | MICHAŁ | ŻARÓW | | 1987 | M30 | | 00:23:03 | 00:24:15 | | |
| 158 | 128 | KWIECIEŃ | MARCIN | WROCLAW | 071 | 1979 | M40 | | 00:23:09 | 00:24:16 | | |
| 159 | 1279 | HOŁOWNIA | RYSZARD | WROCLAW | WIECZORNE BIEGANIE WE WROCLAWIU | 1959 | M60 | | 00:23:12 | 00:24:21 | | |
| 160 | 68 | ORZECHOWSKI | TOMASZ | WROCLAW | | 1982 | M40 | | 00:23:13 | 00:24:20 | | |
| 161 | 1360 | BIENIEK | MICHAŁ | WROCLAW | | 1979 | M40 | | 00:23:17 | 00:23:30 | | |
| 162 | 401 | KOZŁEWSKA | BEATA | ZĄBKOWICE ŚL | GÓRYLASY | 1972 | K50 | | 00:23:17 | 00:23:25 | | |
| 163 | 265 | KADYS | ŁUKASZ | MIĘDZYLESIE | LKS ISKRA JASZKOWA | 1982 | M40 | | 00:23:17 | 00:24:28 | | |
| 164 | 282 | SZCZEPAŃSKI | JACEK | WROCLAW | PRO-RUN WROCLAW | 1968 | M50 | | 00:23:20 | 00:24:25 | | |
| 165 | 126 | MARCZUK | JAKUB | WROCLAW | MATNER RUNNING TEAM | 1993 | M20 | | 00:23:22 | 00:24:29 | | |
| 166 | 1224 | WARDZIAK | WOJCIECH | TRZEBNICA | | 1993 | M20 | | 00:23:22 | 00:24:29 | | |
| 167 | 35 | NIEMYJSKI | JAKUB | WROCLAW | | 1986 | M30 | | 00:23:23 | 00:24:36 | | |
| 168 | 148 | KUCHARSKI | ROBERT | WROCLAW | ZAKOCHAJ SIĘ W BIEGANIU | 1980 | M40 | | 00:23:23 | 00:23:33 | | |
| 169 | 352 | KISIEL | DARIUSZ | WROCLAW | JEST LEPIEJ RUN TEAM | 1983 | M30 | | 00:23:26 | 00:24:36 | | |
| 170 | 1051 | MADEJA | DARIUSZ | KŁODZKO | LKS ISKRA JASZKOWA | 1984 | M30 | | 00:23:30 | 00:23:30 | | |
| 171 | 1256 | WRZESIŃSKI | KRZYSZTOF | PIOTRKÓW BOROWSKI | SEPTEMBER TEAM | 1968 | M50 | | 00:23:30 | 00:24:42 | | |
| 172 | 1162 | OLEKSA | ROBERT | KARWIANY | | 1972 | M50 | | 00:23:35 | 00:23:41 | | |
| 173 | 326 | STODÓŁKA | SZYMON | WILCZYCE | WOSIEK TEAM | 1986 | M30 | | 00:23:35 | 00:24:41 | | |
| 174 | 346 | KOBOS | RADOSŁAW | SIECHNICE | ZAKOCHAJ SIĘ W BIEGANIU I NIE TYLKO | 1982 | M40 | | 00:23:36 | 00:23:43 | | |
| 175 | 404 | MAKOWIECKI | RAFAL | WROCLAW | | 1975 | M40 | | 00:23:36 | 00:23:46 | | |
| 176 | 62 | PLATEK | DOMINIK | WROCLAW | SMĘTNA GENTLEMENS ADVENTURE CLUB | 1976 | M40 | | 00:23:40 | 00:25:42 | | |
| 177 | 1318 | BARCZ | WITOLD | UŚCIE GORLICKIE | | 1998 | M20 | | 00:23:42 | 00:24:50 | | |
| 178 | 429 | GRONOWSKI | MICHAŁ | PRZEMIŁÓW | | 1994 | M20 | | 00:23:47 | 00:24:55 | | |
| 179 | 1265 | STEFAŃCZAK | TYMON | WROCLAW | WKS ŚLĄSK WROCLAW | 2006 | M16 | | 00:23:48 | 00:24:55 | | |
| 180 | 58 | RUPINSKI | JACEK | DOBRYKOWICE | SMĘTNA GENTLEMENS ADVENTURE CLUB | 1979 | M40 | | 00:23:48 | 00:24:04 | | |
| 181 | 1303 | HOTŁOŚ | RAFAL | WROCLAW | | 1978 | M40 | | 00:23:52 | 00:25:07 | | |
| 182 | 1264 | BŁACHUT | MICHAŁ | GĄDÓW | | 1977 | M40 | | 00:23:53 | 00:25:14 | | |
| 183 | 1218 | CIEŚLAWSKI | WOJCIECH | TRZEBNICA | MATNER RUNNING TEAM | 1980 | M40 | | 00:23:55 | 00:25:10 | | |
| 184 | 311 | ŚWIĄTEK | EWELINA | WROCLAW | OIRP WROCLAW | 1980 | K40 | | 00:23:57 | 00:24:06 | | |
| 185 | 114 | GOLEC | GRZEGORZ | NADOLICE WIELKIE | | 1977 | M40 | | 00:23:57 | 00:25:05 | | |
| 186 | 287 | BARAŃSKI | JACEK | MILICZ | | 1978 | M40 | | 00:24:01 | 00:25:13 | | |
| 187 | 57 | KOŁACZ | ARKADIUSZ | WROCLAW | MARATON TEAM | 1966 | M50 | | 00:24:03 | 00:25:12 | | |
| 188 | 1090 | POTACZEK | MATEUSZ | OLEŚNICA | | 1995 | M20 | | 00:24:08 | 00:24:08 | | |
| 189 | 181 | DREWNICKA | MAGDALENA | GROBLICE | MKS SIECHNICE | 1982 | K40 | | 00:24:09 | 00:24:16 | | |
| 190 | 108 | NELKE | KAMIL | WROCLAW | | 1986 | M30 | | 00:24:11 | 00:25:16 | | |
| 191 | 102 | SROKOWSKI | ŁUKASZ | WROCLAW | | 1983 | M30 | | 00:24:12 | 00:25:22 | | |
| 192 | 1326 | WAWRZYŃSKI | KRZYSZTOF | WROCLAW | | 1985 | M30 | | 00:24:14 | 00:25:24 | | |
| 193 | 220 | ROGAŁA | KLAUDIUSZ | WROCLAW | DRUŻYNA SZPIKU | 1973 | M40 | | 00:24:15 | 00:24:26 | | |
| 194 | 229 | ŚWIRSKI | JACEK | WROCLAW | | 1984 | M30 | | 00:24:18 | 00:25:26 | | |
| 195 | 124 | KNAPIK | PIOTR | WROCLAW | | 1973 | M40 | | 00:24:19 | 00:25:31 | | |
| 196 | 172 | ZAWADZKI | KAROL | WROCLAW | WIECZORNE BIEGANIE WE WROCLAWIU | 1988 | M30 | | 00:24:21 | 00:25:32 | | |
| 197 | 1281 | GUZERA | TOMASZ | WROCLAW | | 1984 | M30 | | 00:24:21 | 00:26:24 | | |
| 198 | 1378 | WAWRZYŃSKI | MACIEJ | ŁAGIEWNIKI | | 1975 | M40 | | 00:24:22 | 00:25:33 | | |
| 199 | 1055 | TERKA | DOMINIK | OLEŚNICA | | 1981 | M40 | | 00:24:23 | 00:24:28 | | |
| 200 | 43 | STANKIEWICZ | IZABELA | WROCLAW | | 1977 | K40 | | 00:24:23 | 00:25:29 | | |
| 201 | 135 | POLCYN | WOJCIECH | WROCLAW | | 1994 | M20 | | 00:24:26 | 00:25:36 | | |
| 202 | 431 | CHOLEWA | ALEKSANDER | WROCLAW | WOSIEK TEAM | 2004 | M16 | | 00:24:26 | 00:24:33 | | |
| 203 | 1351 | CISZEK | MARCIN | WROCLAW | | 1976 | M40 | | 00:24:29 | 00:25:37 | | |
| 204 | 132 | POLCYN | KATARZYNA | WROCLAW | | 1996 | K20 | | 00:24:29 | 00:25:39 | | |

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| MSC | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|-----------------|------------|---------------------|------------------------------------|------|-----|----------|------------|-------------|---|---|
| 205 | 1255 | CISZEK | KATARZYNA | WROCLAW | WKS ŚLĄSK WROCLAW | 2006 | K16 | | 00:24:29 | 00:25:36 | | |
| 206 | 342 | KLESZCZ | TOMASZ | WROCLAW | NIGHT RUNNERS | 1982 | M40 | | 00:24:30 | 00:25:38 | | |
| 207 | 437 | WIĘCKOWSKI | MAREK | WROCLAW | | 1982 | M40 | | 00:24:36 | 00:26:40 | | |
| 208 | 144 | GAWLIK | RAFAŁ | WROCLAW | | 1987 | M30 | | 00:24:36 | 00:25:43 | | |
| 209 | 378 | ADAMIEC | IZABELA | WILKSZYN | FOTOBOKIK.PL | 1992 | K30 | | 00:24:40 | 00:25:47 | | |
| 210 | 158 | TELEŃCZUK | TOMASZ | WROCLAW | SZYBKE STOPY | 1975 | M40 | | 00:24:41 | 00:25:49 | | |
| 211 | 1019 | PAWLIK | WOJCIECH | WROCLAW | TEBIA RUNNERS | 1979 | M40 | | 00:24:42 | 00:25:54 | | |
| 212 | 52 | JURDZIAK | JAKUB | WROCLAW | | 1983 | M30 | | 00:24:43 | 00:25:59 | | |
| 213 | 323 | KALISKI | PIOTR | WROCLAW | #SOBASTEAM | 1974 | M40 | | 00:24:45 | 00:26:48 | | |
| 214 | 363 | LUDWIG | PIOTR | WOŁÓW | TRI GRANDA WOŁÓW / ELEKTROTECHNICY | 1993 | M20 | | 00:24:45 | 00:26:03 | | |
| 215 | 1356 | JURDZIAK | KAROLINA | WROCLAW | | 1982 | K40 | | 00:24:46 | 00:26:00 | | |
| 216 | 1009 | LISOWSKI | ŁUKASZ | WROCLAW | | 1988 | M30 | | 00:24:48 | 00:26:05 | | |
| 217 | 476 | PALUSKO | MARTA | WROCLAW | VEX TEAM | 1980 | K40 | | 00:24:51 | 00:25:59 | | |
| 218 | 1202 | KRASZEWSKA | OLGA | WROCLAW | WKS ŚLĄSK WROCLAW | 2006 | K16 | | 00:24:55 | 00:26:02 | | |
| 219 | 122 | WANIEK | KAROL | WROCLAW | | 1983 | M30 | | 00:24:56 | 00:26:04 | | |
| 220 | 1273 | OPALIŃSKA | DOROTA | DZIERŻONIÓW | BIELAWSKA AKADEMIA BIEGANIA | 1985 | K30 | | 00:25:02 | 00:27:05 | | |
| 221 | 1262 | KUCIEL | HANNA | WROCLAW | WKS ŚLĄSK WROCLAW | 2006 | K16 | | 00:25:02 | 00:26:08 | | |
| 222 | 1177 | KUBACKA | KATARZYNA | SREBRNA GÓRA | MKS SIECHNICE | 2002 | K20 | | 00:25:05 | 00:27:09 | | |
| 223 | 1027 | MARTYŃSKI | PIOTR | WROCLAW | BIEGAM BO NIE CHCE MI SIĘ CHODZIĆ | 1985 | M30 | | 00:25:06 | 00:27:13 | | |
| 224 | 84 | HEJNA | ŁUKASZ | WROCLAW | | 1978 | M40 | | 00:25:06 | 00:26:20 | | |
| 225 | 374 | GRUHN | ANNA | WROCLAW | PODATKI TO KRADZIEŻ | 1982 | K40 | | 00:25:09 | 00:28:14 | | |
| 226 | 1292 | SKRUCHA | MATEUSZ | WROCLAW | ŁYKENDOWY KLUB SPACEROWY | 1993 | M20 | | 00:25:16 | 00:27:23 | | |
| 227 | 280 | ŻAK | KONRAD | WROCLAW | FABRYCZNA BOULDER | 1973 | M40 | | 00:25:19 | 00:26:35 | | |
| 228 | 353 | WNUK | GRZEGORZ | KŁODZKO | GÓRYLASY | 1973 | M40 | | 00:25:20 | 00:25:25 | | |
| 229 | 82 | LEWIŃSKI | JAN | WROCLAW | PODATKI TO KRADZIEŻ | 1981 | M40 | | 00:25:21 | 00:27:29 | | |
| 230 | 328 | KANIKUŁA-KOLANY | JOANNA | WROCLAW | MATNER RUNNING TEAM | 1980 | K40 | | 00:25:22 | 00:26:28 | | |
| 231 | 1195 | SZCZYGIEL | HANNA | WROCLAW | WKS ŚLĄSK WROCLAW | 2006 | K16 | | 00:25:23 | 00:26:29 | | |
| 232 | 317 | PAWLUK | ANNA | ŻŁOBIZNA | MIRAZ RACE TEAM | 1986 | K30 | | 00:25:24 | 00:27:33 | | |
| 233 | 214 | CABAN | RAFAŁ | OLEŚNICA | RMC-BIEGA.PL | 1975 | M40 | | 00:25:25 | 00:26:43 | | |
| 234 | 421 | NIECZYSZCZAK | KLAUDYNA | WROCLAW | JAMNIKI ZAGŁADY | 1985 | K30 | | 00:25:26 | 00:26:39 | | |
| 235 | 204 | KRÓLIKOWSKI | PRZEMYSŁAW | WROCLAW | | 1978 | M40 | | 00:25:27 | 00:27:35 | | |
| 236 | 380 | MRZYGLÓD | MAGDALENA | WROCLAW | GÓRYLASY | 1971 | K50 | | 00:25:28 | 00:26:41 | | |
| 237 | 293 | CZARCIŃSKI | MICHAŁ | WROCLAW | | 1974 | M40 | | 00:25:30 | 00:25:40 | | |
| 238 | 1122 | KUKOBNIKAVA | VITALIYA | WROCLAW | WIECZORNE BIEGANIE WE WROCLAWIU | 1993 | K20 | | 00:25:30 | 00:26:42 | | |
| 239 | 109 | KRÓLIKOWSKI | PIOTR | WROCLAW | BERGSON TEAM | 1980 | M40 | | 00:25:33 | 00:27:44 | | |
| 240 | 1309 | STASIAK | PIOTR | OSTRÓW WIELKOPOLSKI | | 1966 | M50 | | 00:25:33 | 00:26:43 | | |
| 241 | 1133 | MICHALEWICZ | ŁUKASZ | WROCLAW | | 1989 | M30 | | 00:25:33 | 00:26:43 | | |
| 242 | 1375 | MIZGALSKI | PAWEŁ | WROCLAW | JAMNIKI ZAGŁADY | 1979 | M40 | | 00:25:34 | 00:26:47 | | |
| 243 | 222 | GRELA | RAFAŁ | WROCLAW | | 2002 | M20 | | 00:25:36 | 00:27:50 | | |
| 244 | 305 | WÓJCIK | WOJCIECH | WROCLAW | | 1973 | M40 | | 00:25:36 | 00:26:53 | | |
| 245 | 33 | KACZMAREK | DOROTA | WROCLAW | RADZIKI | 1982 | K40 | | 00:25:38 | 00:26:56 | | |
| 246 | 454 | KAWECKA | NATALIA | OLAWA | VEX TEAM | 1995 | K20 | | 00:25:39 | 00:26:47 | | |
| 247 | 1037 | ŁOBODZIEC | MONIKA | BRZEG | MIRAZ RACE TEAM | 1975 | K40 | | 00:25:39 | 00:27:48 | | |
| 248 | 85 | PRZYBYLSKI | FILIP | WROCLAW | VELICANTE SPORT TEAM | 1979 | M40 | | 00:25:42 | 00:26:59 | | |
| 249 | 1109 | MALINOWSKA | JADWIGA | WROCLAW | MATNER RUNNING TEAM | 1989 | K30 | | 00:25:42 | 00:27:46 | | |
| 250 | 46 | GOLĄBEK | DAMIAN | SMOLEC | | 1990 | M30 | | 00:25:44 | 00:26:58 | | |
| 251 | 1299 | OLAS | TOMASZ | WROCLAW | | 1979 | M40 | | 00:25:44 | 00:26:53 | | |
| 252 | 1317 | JAKÓBCZYK | PIOTR | WROCLAW | | 1982 | M40 | | 00:25:46 | 00:27:06 | | |
| 253 | 461 | OLESZCZYK | PIOTR | WROCLAW | | 1992 | M30 | | 00:25:48 | 00:27:54 | | |
| 254 | 107 | NELKE | MACIEJ | WROCLAW | | 1961 | M60 | | 00:25:51 | 00:26:56 | | |
| 255 | 1013 | ŚNIEŻEK | KAMILA | WROCLAW | | 1987 | K30 | | 00:25:52 | 00:27:57 | | |

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| MSC | NR | NAZWISKO | IMIĘ | MIĘJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|-----------------|------------|-----------------|--------------------------|------|-----|----------|------------|-------------|---|---|
| 256 | 89 | KOZIMOR | KATARZYNA | WROCLAW | KUBUTEK RUNNING TEAM | 1980 | K40 | | 00:25:52 | 00:27:02 | | |
| 257 | 1371 | STAPF | KAROLINA | DĄBRÓWKA | TRIDEA | 1975 | K40 | | 00:25:54 | 00:27:03 | | |
| 258 | 165 | ŁUCYKÓW | DAWID | WROCLAW | | 1986 | M30 | | 00:25:56 | 00:27:14 | | |
| 259 | 452 | LAMPERSKI | WOJCIECH | WROCLAW | LITWIN SPORTS | 1968 | M50 | | 00:25:58 | 00:27:13 | | |
| 260 | 1038 | WIĘCKOWSKA | AGATA | WROCLAW | | 1984 | K30 | | 00:26:00 | 00:28:03 | | |
| 261 | 1153 | BRUDER | MICHAŁ | WROCLAW | ŁYKENDOWY KLUB SPACEROWY | 1993 | M20 | | 00:26:04 | 00:28:10 | | |
| 262 | 119 | SKRZYPCZAK | ŁUKASZ | KRZYKOW | FIGHT CLUB | 1981 | M40 | | 00:26:10 | 00:28:16 | | |
| 263 | 1222 | KOZIOŁEK | ROMAN | WROCLAW | | 1983 | M30 | | 00:26:15 | 00:28:25 | | |
| 264 | 1293 | RAWA | MARTYNA | WROCLAW | ŁYKENDOWY KLUB SPACEROWY | 1994 | K20 | | 00:26:15 | 00:28:21 | | |
| 265 | 451 | JASEK | DOMINIKA | GROBLICE | MATNER RUNNING TEAM | 1976 | K40 | | 00:26:16 | 00:27:30 | | |
| 266 | 1316 | DRAB | PAWEŁ | JESZKOWICE | | 1978 | M40 | | 00:26:27 | 00:28:33 | | |
| 267 | 1203 | CIURA | ALEKSANDRA | WROCLAW | WKS ŚLĄSK WROCLAW | 2001 | K20 | | 00:26:29 | 00:29:39 | | |
| 268 | 448 | BAJERLEIN | JOANNA | POZNAŃ | CITY TRAIL TEAM | 1988 | K30 | | 00:26:31 | 00:28:38 | | |
| 269 | 147 | WOJCIECHOWSKI | BARTOSZ | WROCLAW | | 1973 | M40 | | 00:26:33 | 00:28:48 | | |
| 270 | 155 | SZCZEPAŃSKI | DAREK | WROCLAW | TRENUJZNA.MI.PL | 1960 | M60 | | 00:26:34 | 00:27:51 | | |
| 271 | 1365 | FRAĆKOWIAK | ANTONINA | POZNAŃ | PRO366 | 1985 | K30 | | 00:26:35 | 00:28:40 | | |
| 272 | 51 | CZAJKA | DAGMARA | WROCLAW | PULSAR WROCLAW | 1993 | K20 | | 00:26:38 | 00:28:43 | | |
| 273 | 1372 | PODYMA | ŁUKASZ | WROCLAW | | 1986 | M30 | | 00:26:44 | 00:27:57 | | |
| 274 | 1244 | KLUCZKIEWICZ | WOJCIECH | WROCLAW | SLOW AND FURIOUS | 1988 | M30 | | 00:26:45 | 00:29:01 | | |
| 275 | 151 | ŻÓŁTOWSKI | BARTOSZ | WROCLAW | | 1982 | M40 | | 00:26:47 | 00:28:52 | | |
| 276 | 136 | PLUTA | JAKUB | CHRZAŚTAWA MAŁA | SWIMMINGLAB | 1986 | M30 | | 00:26:49 | 00:28:07 | | |
| 277 | 386 | MAZUR | PAWEŁ | IWINY | KWADRAT NA PTASIEJ | 1979 | M40 | | 00:26:51 | 00:28:55 | | |
| 278 | 94 | KARPIŃSKI | OSKAR | WROCLAW | | 1981 | M40 | | 00:26:52 | 00:29:01 | | |
| 279 | 302 | KAPUŚCIŃSKI | WOJCIECH | WROCLAW | | 1974 | M40 | | 00:26:58 | 00:28:18 | | |
| 280 | 23 | URBANSKA | KLAUDIA | WROCLAW | | 1987 | K30 | | 00:27:00 | 00:29:11 | | |
| 281 | 196 | KOLEBUK | ROBERT | WROCLAW | RODZINA KOLEBUKÓW | 1972 | M50 | | 00:27:00 | 00:28:07 | | |
| 282 | 213 | BARA | BARTŁOMIEJ | WROCLAW | | 1984 | M30 | | 00:27:03 | 00:29:21 | | |
| 283 | 487 | PALUSKO | BARTOSZ | WROCLAW | VEX TEAM | 1980 | M40 | | 00:27:08 | 00:29:11 | | |
| 284 | 343 | KUBIAK | MACIEJ | WROCLAW | | 1972 | M50 | | 00:27:10 | 00:28:29 | | |
| 285 | 418 | KŁOSZEWSKA | EWA | WROCLAW | MATNER RUNNING TEAM | 1981 | K40 | | 00:27:13 | 00:28:28 | | |
| 286 | 93 | SOCHA | PIOTR | WROCLAW | WROCLAW MARATHON TEAM | 1972 | M50 | | 00:27:23 | 00:30:27 | | |
| 287 | 156 | FILARSKA | MAŁGORZATA | WROCLAW | MATNER RUNNING TEAM | 1981 | K40 | | 00:27:25 | 00:30:29 | | |
| 288 | 377 | BARAN | EWA | WROCLAW | WHY-NOT | 1978 | K40 | | 00:27:28 | 00:28:46 | | |
| 289 | 113 | ZYMLINSKI | ROBERT | WROCLAW | HEART ATTACK | 1970 | M50 | | 00:27:30 | 00:30:34 | | |
| 290 | 166 | BEDARCZYK | BOGUSŁAW | WROCLAW | JASKINIOWE NIEDZWIĘDZIE | 1967 | M50 | | 00:27:31 | 00:30:49 | | |
| 291 | 1139 | BUDZIK | KRZYSZTOF | BRZEG DOLNY | | 1980 | M40 | | 00:27:32 | 00:29:42 | | |
| 292 | 1245 | BALAS | KATARZYNA | WROCLAW | GT RAT | 1992 | K30 | | 00:27:34 | 00:28:48 | | |
| 293 | 1369 | BĄCZEK | MARIKA | ŁAGIEWNIKI | AKTYWNI Z KASIA | 1987 | K30 | | 00:27:36 | 00:28:50 | | |
| 294 | 152 | JASIŃSKA | EDYTA | WROCLAW | | 1977 | K40 | | 00:27:37 | 00:28:47 | | |
| 295 | 1232 | MARKOWSKA | LIDIA | WROCLAW | | 1979 | K40 | | 00:27:37 | 00:29:46 | | |
| 296 | 1074 | SIEDLECKA | AGATA | WROCLAW | | 1991 | K30 | | 00:27:38 | 00:30:43 | | |
| 297 | 1144 | MULTAŃSKI | TOMASZ | WROCLAW | | 1971 | M50 | | 00:27:38 | 00:30:49 | | |
| 298 | 1340 | CZERNIK | TOMASZ | WROCLAW | KILOMETRY POMOCY | 1975 | M40 | | 00:27:49 | 00:29:53 | | |
| 299 | 105 | OLACZEK | ŁUKASZ | MROZÓW | TATA STARTUJE // TRI AMO | 1979 | M40 | | 00:27:51 | 00:29:53 | | |
| 300 | 118 | WAWRZYŃIAK | WIOLETA | ŁAGIEWNIKI | ŁAB | 1973 | K40 | | 00:27:52 | 00:29:06 | | |
| 301 | 183 | ŚRÓDKA | JACEK | SZCZYTKOWICE | | 1981 | M40 | | 00:27:52 | 00:29:06 | | |
| 302 | 351 | KLAUS | JOANNA | WROCLAW | | 1986 | K30 | | 00:27:52 | 00:29:58 | | |
| 303 | 419 | ŚWIĄTEK | ŁUKASZ | WROCLAW | | 1981 | M40 | | 00:27:53 | 00:30:00 | | |
| 304 | 313 | BUTLER | ANNA | WROCLAW | | 1990 | K30 | | 00:27:54 | 00:30:59 | | |
| 305 | 272 | BRYŁKA-NADOLSKA | MARTA | WROCLAW | PRO-RUN WROCLAW | 1979 | K40 | | 00:28:03 | 00:30:07 | | |
| 306 | 1031 | RÓŻAŃSKA | MAŁGORZATA | WROCLAW | PRO-RUN | 1973 | K40 | | 00:28:04 | 00:30:12 | | |

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| MSC | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|------------------|------------|---------------------|----------------------------------|------|-----|----------|------------|-------------|---|---|
| 307 | 72 | SPIKOWSKA | MONIKA | WROCLAW | | 1981 | K40 | | 00:28:05 | 00:30:15 | | |
| 308 | 1338 | NOWICKI | MICHAŁ | WARSZAWA | | 1996 | M20 | | 00:28:09 | 00:30:14 | | |
| 309 | 39 | WOŹNIAK | KAROLINA | WROCLAW | | 1995 | K20 | | 00:28:10 | 00:30:15 | | |
| 310 | 1271 | JANICKI | RADOSŁAW | WROCLAW | | 1984 | M30 | | 00:28:10 | 00:30:22 | | |
| 311 | 483 | JANUSZKIEWICZ | MONIKA | ŁAGIEWNIKI | ŁAB ŁAGIEWNIKI | 1986 | K30 | | 00:28:11 | 00:29:25 | | |
| 312 | 203 | KRÓLIKOWSKA | SYLWIA | WROCLAW | | 1980 | K40 | | 00:28:13 | 00:30:21 | | |
| 313 | 202 | KOŚLACZ | ANNA | ŁAGIEWNIKI | ŁAB ŁAGIEWNIKI | 1974 | K40 | | 00:28:13 | 00:29:27 | | |
| 314 | 164 | WIELEBA | KATARZYNA | WROCLAW | | 1988 | K30 | | 00:28:13 | 00:29:27 | | |
| 315 | 1362 | MACIEJEWSKI | ROBERT | WAŁBRZYCH | | 1981 | M40 | | 00:28:14 | 00:30:25 | | |
| 316 | 154 | FIGAJ | KAMIL | WROCLAW | MATNER RUNNING TEAM | 1979 | M40 | | 00:28:18 | 00:30:29 | | |
| 317 | 159 | ŻMINKOWSKI | KRZYSZTOF | WROCLAW | | 1984 | M30 | | 00:28:20 | 00:30:26 | | |
| 318 | 227 | SZCZYGIEL | JOANNA | WROCLAW | | 1998 | K20 | | 00:28:20 | 00:31:49 | | |
| 319 | 289 | ANIŚKO | ALEKSANDRA | WROCLAW | MATNER RUNNING TEAM | 1996 | K20 | | 00:28:33 | 00:30:36 | | |
| 320 | 1078 | KIRAGA | KAROL | WROCLAW | | 1986 | M30 | | 00:28:34 | 00:29:47 | | |
| 321 | 486 | POGORZAŁA | URSZULA | WROCLAW | ZAKOCHAJ SIĘ W BIEGANIU | 1972 | K50 | | 00:28:36 | 00:30:42 | | |
| 322 | 1358 | BUDNIK | BŁAŻEJ | DĘBOGÓRA | | 1985 | M30 | | 00:28:42 | 00:30:55 | | |
| 323 | 28 | MISIOREK | EMILIA | OBORNIKI ŚLĄSKIE | | 1980 | K40 | | 00:28:44 | 00:30:53 | | |
| 324 | 463 | BONTER | WOJCIECH | WROCLAW | FPL-OWE ŚWIRY | 1996 | M20 | | 00:28:44 | 00:30:56 | | |
| 325 | 53 | TOMPALSKI | WOJCIECH | WROCLAW | | 1979 | M40 | | 00:28:45 | 00:30:54 | | |
| 326 | 141 | PASKART-ZAWADZKA | AGNIESZKA | BIESTRZYKÓW | | 1986 | K30 | | 00:28:56 | 00:31:14 | | |
| 327 | 209 | WOLAK-LAKOMY | DOMINIKA | WROCLAW | BERGSON TEAM RUN | 1982 | K40 | | 00:29:00 | 00:31:11 | | |
| 328 | 76 | KOWALSKI | ARTUR | WROCLAW | NIEZRZESZONY | 1969 | M50 | | 00:29:09 | 00:31:11 | | |
| 329 | 1325 | GAJERSKI | ŁUKASZ | WROCLAW | | 1999 | M20 | | 00:29:11 | 00:32:30 | | |
| 330 | 100 | STRZYŻEWSKI | MACIEK | WROCLAW | BNW BO NIE WYPADA | 1993 | M20 | | 00:29:14 | 00:31:24 | | |
| 331 | 74 | KOKOT | KRZYSZTOF | WROCLAW | AMATORS TM | 1983 | M30 | | 00:29:16 | 00:31:21 | | |
| 332 | 79 | KASPERCZYK | MARTA | WROCLAW | | 1990 | K30 | | 00:29:30 | 00:31:37 | | |
| 333 | 447 | CIESIÓŁKA | MAGDALENA | WROCLAW | ENERGOTERM SPORTS TEAM | 1977 | K40 | | 00:29:35 | 00:32:40 | | |
| 334 | 268 | SZEWczyk | EWELINA | WROCLAW | | 1976 | K40 | | 00:29:36 | 00:32:38 | | |
| 335 | 231 | KOZIŃSKA | EDYTA | BRZEZINKA ŚREDZKA | | 1975 | K40 | | 00:29:38 | 00:32:42 | | |
| 336 | 480 | SAWICKI | WALDEMAR | TRZEBOSZOWICE | ELEKTROTECHNICY | 1960 | M60 | | 00:29:39 | 00:32:55 | | |
| 337 | 286 | SURMACZ | TOMASZ | WROCLAW | | 1986 | M30 | | 00:29:50 | 00:32:55 | | |
| 338 | 1025 | WOJTALA | TERESA | WROCLAW | | 1969 | K50 | | 00:29:50 | 00:32:56 | | |
| 339 | 315 | KUJAWA | NATALIA | WROCLAW | RACING TIRES | 1995 | K20 | | 00:29:53 | 00:31:56 | | |
| 340 | 120 | JARMUŻEK | DAMIAN | WROCLAW | | 1990 | M30 | | 00:29:53 | 00:33:01 | | |
| 341 | 288 | SURMACZ | MAŁGORZATA | WROCLAW | | 1984 | K30 | | 00:29:55 | 00:32:59 | | |
| 342 | 402 | RUSNARCZYK | AGATA | WROCLAW | | 1990 | K30 | | 00:30:06 | 00:32:18 | | |
| 343 | 260 | KOWALSKI | KONRAD | WROCLAW | TRENUJZAMI.PL | 1990 | M30 | | 00:30:07 | 00:32:18 | | |
| 344 | 1068 | ADAMCZEWSKI | KAMIL | WROCLAW | | 1988 | M30 | | 00:30:08 | 00:33:15 | | |
| 345 | 427 | NOWORYTA | MARIUSZ | WISZNIA MAŁA | WMKS | 1977 | M40 | | 00:30:13 | 00:33:20 | | |
| 346 | 27 | JANUSZ | TOMASZ | WROCLAW | DBTP | 1984 | M30 | | 00:30:16 | 00:33:23 | | |
| 347 | 1416 | GIETKIEWICZ | MATEUSZ | WROCLAW | | 1987 | M30 | | 00:30:20 | 00:32:29 | | |
| 348 | 194 | PAŁGAN | ANNA | WROCLAW | ATOS RUNNERS/MATNER RUNNING TEAM | 1986 | K30 | | 00:30:26 | 00:33:34 | | |
| 349 | 44 | DOBROWOLSKA | AGNIESZKA | WROCLAW | | 1994 | K20 | | 00:30:40 | 00:32:44 | | |
| 350 | 221 | GRELA | ŁUKASZ | WROCLAW | | 1992 | M30 | | 00:30:50 | 00:34:01 | | |
| 351 | 191 | WASULA | TOMASZ | BIELANY WROCLAWSKIE | | 1975 | M40 | | 00:30:51 | 00:33:06 | | |
| 352 | 103 | SROKOWSKA | JOANNA | WROCLAW | | 1981 | K40 | | 00:30:51 | 00:33:02 | | |
| 353 | 192 | WASULA | KATARZYNA | BIELANY WROCLAWSKIE | | 1978 | K40 | | 00:30:53 | 00:33:06 | | |
| 354 | 1376 | ŚNIEG | MACIEJ | WROCLAW | | 1985 | M30 | | 00:30:59 | 00:34:07 | | |
| 355 | 150 | KOPACZ | MICHAŁ | WILCZYCE | PERŁA TEAM | 1990 | M30 | | 00:31:00 | 00:34:10 | | |
| 356 | 1300 | FIEDOR | KRZYSZTOF | WROCLAW | | 1976 | M40 | | 00:31:01 | 00:34:13 | | |
| 357 | 462 | KOWAL | AGNIESZKA | WROCLAW | | 1979 | K40 | | 00:31:02 | 00:34:05 | | |

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| MSC | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------------|------------|------------------|------------------------------------|------|-----|----------|------------|-------------|---|---|
| 358 | 1345 | ZACHARA | MAŁGORZATA | KILIANÓW | | 1985 | K30 | | 00:31:06 | 00:33:16 | | |
| 359 | 175 | JASKÓLSKI | MARCIN | WROCLAW | HAPPYFEETTEAM | 1972 | M50 | | 00:31:11 | 00:34:26 | | |
| 360 | 146 | KARMOWSKA | MAGDALENA | WROCLAW | | 1979 | K40 | | 00:31:19 | 00:33:33 | | |
| 361 | 336 | ZALEWSKA | KATARZYNA | WROCLAW | | 1990 | K30 | | 00:31:22 | 00:34:26 | | |
| 362 | 59 | HANKIEWICZ-BOMI... | OLGA | WROCLAW | | 1979 | K40 | | 00:31:24 | 00:34:33 | | |
| 363 | 176 | CIOLKOWSKA | KATARZYNA | WROCLAW | | 1981 | K40 | | 00:31:24 | 00:34:32 | | |
| 364 | 77 | LISZEWSKA | MARCELINA | WROCLAW | BIEGAM APORTUJE I DOBRZE SIĘ CZUJĘ | 1984 | K30 | | 00:31:40 | 00:33:47 | | |
| 365 | 366 | KORNAŚ | MARCIN | LASKÓWKA | GÓRYLASY | 1978 | M40 | | 00:31:41 | 00:31:45 | | |
| 366 | 34 | KNUTH | MALWINA | WROCLAW | LECIMY TUTAJ | 1987 | K30 | | 00:31:45 | 00:34:50 | | |
| 367 | 29 | MADERA | MICHAŁ | WROCLAW | LECIMY TUTAJ | 1986 | M30 | | 00:31:45 | 00:34:50 | | |
| 368 | 228 | KURASZ | KRZYSZTOF | WILCZYCE | | 1990 | M30 | | 00:31:47 | 00:34:11 | | |
| 369 | 318 | KOSIBA-ROGAŁA | WIOLETTA | WROCLAW | DRUŻYNA SZPIKU | 1974 | K40 | | 00:31:48 | 00:34:54 | | |
| 370 | 344 | SKORACKA | ANNA | WROCLAW | RUN VEGANI | 1992 | K30 | | 00:31:55 | 00:34:03 | | |
| 371 | 1064 | WOJTYŁO | KRZYSZTOF | WROCLAW | | 1949 | M60 | | 00:32:08 | 00:34:24 | | |
| 372 | 96 | KASINSKI | PATRYK | LEGNICA | HIPOGRYFY Z TENERYFY | 1992 | M30 | | 00:32:34 | 00:35:50 | | |
| 373 | 1060 | SZAREK | BARTOSZ | WROCLAW | | 1978 | M40 | | 00:32:34 | 00:33:44 | | |
| 374 | 1165 | LACHOWSKA | MAŁGORZATA | WROCLAW | | 1990 | K30 | | 00:32:35 | 00:33:44 | | |
| 375 | 1307 | WASILEWSKI | MACIEJ | WROCLAW | | 1999 | M20 | | 00:32:35 | 00:35:55 | | |
| 376 | 1324 | ZIĘTEK-FIDECKA | ANNA | WROCLAW | | 1980 | K40 | | 00:32:44 | 00:35:51 | | |
| 377 | 1302 | TOMCZAK | SZYMON | WROCLAW | SMAKOŁYSZE | 1990 | M30 | | 00:32:46 | 00:35:57 | | |
| 378 | 441 | SPYCHAJ | MARCIN | WROCLAW | | 1980 | M40 | | 00:33:01 | 00:36:12 | | |
| 379 | 1301 | RUDKIEWICZ | GRZEGORZ | WROCLAW | | 1980 | M40 | | 00:33:10 | 00:36:21 | | |
| 380 | 270 | ŚLIWIŃSKI | JÓZEF | WROCLAW | VEX TEAM | 1988 | M30 | | 00:33:11 | 00:36:23 | | |
| 381 | 1030 | KOWNACKI | MICHAŁ | WROCLAW | | 1974 | M40 | | 00:33:24 | 00:36:36 | | |
| 382 | 1373 | ŁUŻYŃSKI | WOJCIECH | LUBSZA | | 1980 | M40 | | 00:33:25 | 00:36:37 | | |
| 383 | 180 | KORNAK | ANNA | WROCLAW | DRUŻYNA ML | 1993 | K20 | | 00:33:40 | 00:36:46 | | |
| 384 | 239 | CIURA | KRZYSZTOF | SIEDLEC | | 1966 | M50 | | 00:34:05 | 00:37:16 | | |
| 385 | 185 | LEWANDOWSKI | ŁUKASZ | WROCLAW | LSB-WE-FEEL-IT | 1989 | M30 | | 00:34:07 | 00:37:27 | | |
| 386 | 381 | SYCZ-LANGNER | HONORATA | WROCLAW | | 1989 | K30 | | 00:34:09 | 00:37:15 | | |
| 387 | 269 | ŁUKOMSKI | PAWEŁ | WROCLAW | | 1991 | M30 | | 00:34:15 | 00:37:28 | | |
| 388 | 417 | WALIDUDA | SŁAWOMIR | WROCLAW | KANCELARIA ADWOKACKA | 1965 | M50 | | 00:34:57 | 00:38:12 | | |
| 389 | 303 | WÓJCIK | KATARZYNA | WROCLAW | | 1978 | K40 | | 00:34:58 | 00:37:03 | | |
| 390 | 197 | SAWICKI | JACEK | WROCLAW | | 1976 | M40 | | 00:35:16 | 00:38:25 | | |
| 391 | 186 | AJDUKIEWICZ | MAREK | NADOLICE WIELKIE | LSB-WE-FEEL-IT | 1985 | M30 | | 00:35:24 | 00:38:42 | | |
| 392 | 319 | GONTARZ | ANNA | DOBRYZKOWICE | | 1991 | K30 | | 00:35:27 | 00:37:32 | | |
| 393 | 237 | SYDORUK | NINA | WROCLAW | MACOPHARMA | 1972 | K50 | | 00:35:36 | 00:37:43 | | |
| 394 | 1329 | WYDRO | KATARZYNA | POZNAŃ | | 1994 | K20 | | 00:35:37 | 00:38:43 | | |
| 395 | 21 | WYDRO | ZUZANNA | WROCLAW | | 1986 | K30 | | 00:35:38 | 00:38:44 | | |
| 396 | 174 | CIURA | MARZENA | SIEDLEC | | 1971 | K50 | | 00:35:45 | 00:38:56 | | |
| 397 | 232 | SIECZKOWSKA | JOANNA | WROCLAW | | 1986 | K30 | | 00:35:49 | 00:37:58 | | |
| 398 | 426 | SENDERSKA-PŁONO... | MAGDALENA | WROCLAW | | 1992 | K30 | | 00:36:01 | 00:39:14 | | |
| 399 | 133 | MADEJ | MACIEJ | KIEŁCZÓW | | 1971 | M50 | | 00:37:11 | 00:37:11 | | |
| 400 | 379 | UCHEREK | ANNA | WROCLAW | | 1988 | K30 | | 00:37:24 | 00:40:35 | | |
| 401 | 320 | MAŁYSKO | PATRYCJA | SIECHNICE | ŁISKIERSIKI | 1992 | K30 | | 00:37:25 | 00:40:34 | | |
| 402 | 110 | KRÓLIKOWSKA | ANITA | WROCLAW | BERGSON TEAM | 1979 | K40 | | 00:37:32 | 00:39:41 | | |
| 403 | 1029 | WANTUCH | EWA | WROCLAW | | 1989 | K30 | | 00:37:59 | 00:41:11 | | |
| 404 | 360 | KISIEL | ANNA | WROCLAW | JEST LEPIEJ RUN TEAM | 1980 | K40 | | 00:38:08 | 00:40:23 | | |
| 405 | 1306 | ZIĘTARA | ANASTAZJA | OLSZTYN | | 2003 | K16 | | 00:38:16 | 00:41:27 | | |
| 406 | 1305 | ZIĘTARA | WIOLETTA | OLSZTYN | | 1974 | K40 | | 00:38:18 | 00:41:29 | | |
| 407 | 1266 | TOMCZAK | KATARZYNA | KALISZ | | 1998 | K20 | | 00:39:18 | 00:42:31 | | |
| 408 | 1267 | TOMCZAK | ALEKSANDRA | KALISZ | | 1998 | K20 | | 00:39:19 | 00:42:33 | | |

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| MSC | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|------------------|------------|-------------|----------------------|------|-----|-------------|---------------|----------------|---|---|
| 409 | 264 | DYMKOWSKA | MAŁGORZATA | WROCLAW | VELICANTE SPORT TEAM | 1976 | K40 | | 00:40:26 | 00:43:31 | | |
| 410 | 262 | PUCHALSKA | KATARZYNA | WROCLAW | VELICANTE SPORT TEAM | 1981 | K40 | | 00:40:30 | 00:43:36 | | |
| 411 | 1035 | MUSZYŃSKI | PAWEŁ | WROCLAW | | 1987 | M30 | | 00:40:53 | 00:44:07 | | |
| 412 | 332 | WIRTH-CZARCIŃSKA | MAGDALENA | WROCLAW | | 1975 | K40 | | 00:40:55 | 00:44:24 | | |
| 413 | 1100 | KUBICA | KATARZYNA | SIECHNICE | GÓRYLASY | 1982 | K40 | | 00:41:21 | 00:44:29 | | |
| 414 | 297 | RAJSEL | KATARZYNA | WROCLAW | | 1984 | K30 | | 00:44:01 | 00:47:56 | | |
| 415 | 365 | LIPNICKA | ALICJA | KARWIANY | | 2002 | K20 | | 00:44:02 | 00:47:15 | | |
| 416 | 38 | FILIPEK | AGNIESZKA | WROCLAW | KLUB BOBIKA | 1981 | K40 | | 00:45:46 | 00:49:04 | | |
| 417 | 387 | NOWAK-KASPRZAK | ANNA | WROCLAW | | 1985 | K30 | | 00:46:57 | 00:50:15 | | |
| 418 | 1226 | MACH-NOWICKA | JUSTYNA | WROCLAW | | 1994 | K20 | | 00:47:08 | 00:50:24 | | |
| 419 | 66 | NOWICKI | MATEUSZ | WROCLAW | AUTOMATT | 1995 | M20 | | 00:47:08 | 00:50:24 | | |
| 420 | 1367 | OLACZEK | MAGDALENA | MROZÓW | TATA STARTUJE TEAM | 1979 | K40 | | 00:47:26 | 00:50:43 | | |