

Grand Prix CITY TRAIL z Nationale-Nederlanden 2021/2022
 Łódź, Bieg 3, 2022-01-09



| MSC | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|------------------|-------------|--------------------|----------------------------|------|-----|----------|------------|-------------|---|---|
| 1 | 1 | PETRUSIEWICZ | GRZEGORZ | ŁÓDŹ | AZS ŁÓDŹ | 1996 | M20 | | 00:16:56 | 00:16:57 | | |
| 2 | 1130 | ZAWIŚLAK | MAKSYMILIAN | ŁĘKIŃSKO | LKS OMEGA KLESZCZÓW | 2005 | M16 | | 00:17:11 | 00:17:12 | | |
| 3 | 5 | PIETRZYK | KRZYSZTOF | KÓLUSZKI | PIETRZYK RUNNING TEAM | 1979 | M40 | | 00:17:22 | 00:17:23 | | |
| 4 | 1102 | HASIURA | JĘDRZEJ | STAROWA GÓRA | RYSIOTEAM | 1997 | M20 | | 00:17:29 | 00:17:30 | | |
| 5 | 1073 | BLASZCZYK | BARTŁOMIEJ | ŁÓDŹ | SUPER TEAM | 1985 | M30 | | 00:17:42 | 00:17:43 | | |
| 6 | 67 | SZYMAŃSKI | MICHAŁ | ŁÓDŹ | ŁÓDŹ RUN CREW/JAKOTEAM | 1985 | M30 | | 00:18:04 | 00:18:06 | | |
| 7 | 87 | SOBCZAK | SZYMON | ŁÓDŹ | | 1996 | M20 | | 00:18:06 | 00:18:08 | | |
| 8 | 1207 | KRAJDA | MATEUSZ | ZELÓW | BIEGING TEAM ZELÓW | 1992 | M20 | | 00:18:09 | 00:18:10 | | |
| 9 | 1135 | SZTĄBER | ADAM | ŁÓDŹ | PIETRZYK RUNNING TEAM | 1986 | M30 | | 00:18:22 | 00:18:23 | | |
| 10 | 1185 | WÓJCIK | ROBERT | ZGIERZ | RAZEM TRENUJEMY SPORT | 1973 | M40 | | 00:18:25 | 00:18:27 | | |
| 11 | 15 | WIECHA | DOMINIKA | ŁÓDŹ | UKS ORIENTUŚ ŁÓDŹ | 1998 | K20 | | 00:18:29 | 00:18:31 | | |
| 12 | 173 | KWAŚNIAK | EMIL | ŁÓDŹ | WARRIORS ŁÓDŹ | 1987 | M30 | | 00:18:34 | 00:18:37 | | |
| 13 | 1247 | HORNIK | ALEKSANDRA | POZNAŃ | WKS GRUNWALD POZNAŃ | 1996 | K20 | | 00:18:43 | 00:18:44 | | |
| 14 | 142 | GRAMS | KRZYSZTOF | ŁÓDŹ | RYSIOTEAM | 1981 | M40 | | 00:18:47 | 00:18:50 | | |
| 15 | 81 | FIRAZA | TOMASZ | ŁÓDŹ | | 1982 | M30 | | 00:18:53 | 00:18:54 | | |
| 16 | 1270 | RESZKE | MARCIN | ŁÓDŹ | SZAKALE BAŁUT ŁÓDŹ | 1987 | M30 | | 00:19:05 | 00:19:07 | | |
| 17 | 1042 | SOBCZAK | ROBERT | ŁÓDŹ | JESTEM BORDERLINE | 1982 | M30 | | 00:19:10 | 00:19:12 | | |
| 18 | 1239 | MASLANKO | MACIEJ | JEŻÓW | GRA-LECH S.C | 1992 | M20 | | 00:19:12 | 00:19:14 | | |
| 19 | 109 | TROCIŃSKI | KACPER | ŁÓDŹ | RYSIOTEAM | 2003 | M16 | | 00:19:17 | 00:19:18 | | |
| 20 | 1197 | ZAWIŚLAK | HUBERT | ŁĘKIŃSKO | LKS OMEGA KLESZCZÓW | 1977 | M40 | | 00:19:20 | 00:19:21 | | |
| 21 | 1125 | STANIEC | JAROSŁAW | BELCHATÓW | | 1978 | M40 | | 00:19:20 | 00:19:22 | | |
| 22 | 1210 | PYTEL | LESZEK | BELCHATÓW | | 1983 | M30 | | 00:19:34 | 00:19:36 | | |
| 23 | 1195 | LACH | MICHAŁ | ŁÓDŹ | | 1990 | M30 | | 00:19:39 | 00:19:42 | | |
| 24 | 1275 | MELNYK | SVIATLOSLAV | ŁÓDŹ | | 1993 | M20 | | 00:19:44 | 00:19:46 | | |
| 25 | 30 | OLSZEWSKI | JAN | ŁÓDŹ | #ZALINIĄMETYTEAM | 2002 | M16 | | 00:19:47 | 00:19:50 | | |
| 26 | 1170 | BOCIAŃSKI | SEBASTIAN | OZORKÓW | MONAR OZORKÓW | 2004 | M16 | | 00:19:55 | 00:19:56 | | |
| 27 | 1122 | FELISIAK | MARCIN | BELCHATÓW | | 1977 | M40 | | 00:19:54 | 00:19:57 | | |
| 28 | 1208 | DZIECIĄTKOWSKI | FILIP | KLESZCZÓW | LKS OMEGA KLESZCZÓW | 2004 | M16 | | 00:19:59 | 00:20:00 | | |
| 29 | 1069 | STAWIKOWSKI | DARIUSZ | ŁÓDŹ | RYSIOTEAM | 1973 | M40 | | 00:20:00 | 00:20:01 | | |
| 30 | 1215 | PIETRASIAK | JANUSZ | ŁÓDŹ | RYSIOTEAM | 1966 | M50 | | 00:20:05 | 00:20:08 | | |
| 31 | 213 | ROSA | DARIUSZ | ŁOWICZ | | 1970 | M50 | | 00:20:12 | 00:20:16 | | |
| 32 | 28 | WOJTCZAK | DOMINIK | ŁÓDŹ | MORENA CZOŁOWA | 1988 | M30 | | 00:20:14 | 00:20:17 | | |
| 33 | 25 | ANDRZEJCZAK | TOMASZ | WOLA ZARADZYŃSKA | KORONA PABIANICE | 1980 | M40 | | 00:20:19 | 00:20:22 | | |
| 34 | 1066 | KUJAWSKI | ARKADIUSZ | ŁÓDŹ | RYSIOTEAM | 1971 | M50 | | 00:20:26 | 00:20:29 | | |
| 35 | 1001 | ZALASA | WOJCIECH | ŁÓDŹ | ŁÓDŹ KOCHA SPORT | 1968 | M50 | | 00:20:33 | 00:20:36 | | |
| 36 | 1209 | BANASIAK | MARCIN | ŁÓDŹ | FUJITSU RUNNING TEAM | 1975 | M40 | | 00:20:32 | 00:20:39 | | |
| 37 | 86 | SZELEST | DARIUSZ | WIŚNIOWA GÓRA | PIETRZYK RUNNING TEAM | 1970 | M50 | | 00:20:41 | 00:20:43 | | |
| 38 | 164 | NOWAK | MATEUSZ | ALEKSANDRÓW ŁÓDZKI | | 1999 | M20 | | 00:20:49 | 00:20:50 | | |
| 39 | 1272 | BARAN | KONRAD | ŁÓDŹ | WARRIORS ŁÓDŹ | 1993 | M20 | | 00:20:52 | 00:20:56 | | |
| 40 | 44 | KACPRZAK | RADOSŁAW | ŁÓDŹ | KLUB BIEGACZA PROVIDENT | 1975 | M40 | | 00:21:02 | 00:21:05 | | |
| 41 | 49 | WOJTERA | GRZEGORZ | PABIANICE | | 1982 | M30 | | 00:21:05 | 00:21:06 | | |
| 42 | 1012 | SZYMAŃSKI | BARTŁOMIEJ | ŁÓDŹ | WARRIORS ŁÓDŹ | 1988 | M30 | | 00:21:05 | 00:21:06 | | |
| 43 | 1064 | NIKLEWICZ | ANDZELIKA | ŁÓDŹ | @ANNIKLEWICZSTUDIO | 1990 | K30 | | 00:21:06 | 00:21:10 | | |
| 44 | 1291 | STRÓZIŃSKI | MARIUSZ | ŁÓDŹ | | 1972 | M40 | | 00:20:59 | 00:21:11 | | |
| 45 | 1240 | KILAN | PRZEMYSŁAW | IWANOWICE DUŻE | KB FLORIAN ZAJĄCZKI DRUGIE | 2000 | M20 | | 00:21:09 | 00:21:15 | | |
| 46 | 41 | BIŃCZYK | TOMASZ | ŁÓDŹ | UWOLNIJ ENERGIĘ | 1976 | M40 | | 00:21:19 | 00:21:24 | | |
| 47 | 1248 | WARCHOŁ | MICHAŁ | ŁÓDŹ | | 1992 | M20 | | 00:21:21 | 00:21:28 | | |
| 48 | 1084 | CHUDZIK-WARZECHA | JUSTYNA | ŁÓDŹ | | 1990 | K30 | | 00:21:23 | 00:21:29 | | |
| 49 | 1047 | NIEWCZAS | ROBERT | WIŚNIOWA GÓRA | AKTYWNI WG | 1974 | M40 | | 00:21:32 | 00:21:35 | | |
| 50 | 1164 | JUCHA | MICHAŁ | ŁÓDŹ | RYSIOTEAM | 1976 | M40 | | 00:21:36 | 00:21:40 | | |
| 51 | 1166 | KOPROWSKI | ŁUKASZ | ŁÓDŹ | PWC ŁÓDŹ! | 1976 | M40 | | 00:21:32 | 00:21:47 | | |

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|-----|------|---------------|-----------|---------------------|------------------------------|------|-----|----------|------------|-------------|---|---|
| 52 | 85 | SZUPTARSKI | ARKADIUSZ | TOMASZÓW MAZOWIECKI | | 1975 | M40 | | 00:21:38 | 00:21:45 | | |
| 53 | 1284 | SĘCZYKOWSKI | PIOTR | ŁÓDŹ | | 1992 | M20 | | 00:21:39 | 00:21:53 | | |
| 54 | 225 | ŻULEWSKI | RADOSŁAW | ŁÓDŹ | | 1987 | M30 | | 00:21:48 | 00:21:56 | | |
| 55 | 1165 | SIENICKI | TOMASZ | ŁÓDŹ | FIZJOTERAPIA TOMASZ SIENICKI | 1991 | M30 | | 00:21:51 | 00:21:55 | | |
| 56 | 1086 | MAŃKA | MARCIN | ŁÓDŹ | RYSIOTEAM | 1978 | M40 | | 00:21:52 | 00:21:58 | | |
| 57 | 1267 | KOZŁOWSKI | PRZEMEK | ŁÓDŹ | WARRIORS ŁÓDŹ | 1983 | M30 | | 00:21:52 | 00:21:58 | | |
| 58 | 1005 | KOCIAK | ANNA | DĘBNIAK | ŁÓDŹ KOCHA SPORT | 1978 | K40 | | 00:21:52 | 00:21:54 | | |
| 59 | 96 | KALISTA | JACEK | ŁÓDŹ | MBANK | 1979 | M40 | | 00:21:54 | 00:21:59 | | |
| 60 | 180 | FRONTCZAK | ARTUR | ŁÓDŹ | | 1977 | M40 | | 00:22:00 | 00:22:05 | | |
| 61 | 111 | GALOCH | ROBERT | ALEKSANDRÓW ŁÓDZKI | SOBOTNIA GRUPA BIEGOWA LZG | 1972 | M40 | | 00:22:01 | 00:22:45 | | |
| 62 | 1168 | ZIELIŃSKI | DAWID | OZORKÓW | MONAR OZORKÓW | 2005 | M16 | | 00:22:04 | 00:22:06 | | |
| 63 | 1110 | KACZYŃSKI | PAWEŁ | PABIANICE | 4U RUN | 1978 | M40 | | 00:22:04 | 00:22:10 | | |
| 64 | 148 | DUDZIŃSKI | PIOTR | ŁÓDŹ | RAZEM TRENUJEMY SPORT | 1987 | M30 | | 00:22:08 | 00:22:09 | | |
| 65 | 1030 | WOŹNIAK | TOMASZ | ŁÓDŹ | | 1987 | M30 | | 00:22:09 | 00:22:10 | | |
| 66 | 36 | GOŹDZIK | ADRIAN | ŁÓDŹ | OSNOWA RUN | 1988 | M30 | | 00:22:15 | 00:22:28 | | |
| 67 | 1184 | BOŃCZAK | RADOSŁAW | ALEKSANDRÓW ŁÓDZKI | | 1975 | M40 | | 00:22:15 | 00:22:26 | | |
| 68 | 1150 | KLAPENDA | MARIUSZ | ŁĘCZYCA | MARIO TEAM | 1974 | M40 | | 00:22:21 | 00:22:24 | | |
| 69 | 184 | DZIKORSKI | PIOTR | ŁÓDŹ | | 1978 | M40 | | 00:22:39 | 00:22:46 | | |
| 70 | 48 | PASTUSZKA | MIROŚLAW | ŁÓDŹ | RUN ŁDZ | 1966 | M50 | | 00:22:41 | 00:22:49 | | |
| 71 | 66 | LEBIODA | MARTA | ŁÓDŹ | MORENA CZOŁOWA | 1991 | K30 | | 00:22:48 | 00:22:52 | | |
| 72 | 1088 | MACIASZCZYK | PAWEŁ | ŁÓDŹ | RYSIOTEAM | 1973 | M40 | | 00:22:51 | 00:22:55 | | |
| 73 | 43 | PIETRZAK | PIOTR | ŁÓDŹ | | 1969 | M50 | | 00:22:52 | 00:23:03 | | |
| 74 | 1079 | GÓŻAŃSKI | JAROSŁAW | ŁÓDŹ | ŁÓDŹ KOCHA SPORT | 1968 | M50 | | 00:22:58 | 00:23:02 | | |
| 75 | 107 | PALCZYŃSKI | PIOTR | ZGIERZ | CLARIANT | 1983 | M30 | | 00:23:12 | 00:23:42 | | |
| 76 | 83 | ZIELIŃSKI | MACIEJ | ŁÓDŹ | - | 1985 | M30 | | 00:23:13 | 00:23:56 | | |
| 77 | 1121 | SĘKOWSKA | KINGA | KOŃSKIE | EVERRUN | 1992 | K20 | | 00:23:16 | 00:23:20 | | |
| 78 | 1077 | WICIŃSKA-REUS | DOMINIKA | ŁÓDŹ | PGE OBRÓT RUN | 1979 | K40 | | 00:23:21 | 00:23:26 | | |
| 79 | 121 | STASIAK | GRAŻYNA | ŁÓDŹ | FOURTRISQUAD | 1983 | K30 | | 00:23:24 | 00:23:30 | | |
| 80 | 1136 | KOZIRÓG | DAGMARA | PABIANICE | | 1972 | K40 | | 00:23:25 | 00:23:30 | | |
| 81 | 1216 | CHĄDZYŃSKI | DANIEL | SOCHACZEW | DANIELO SPORTSWEAR | 1977 | M40 | | 00:23:27 | 00:23:28 | | |
| 82 | 1243 | BURESZ | ANNA | KLESZCZÓW | | 1987 | K30 | | 00:23:27 | 00:23:29 | | |
| 83 | 159 | PASIAK | ROBERT | ŁÓDŹ | | 1979 | M40 | | 00:23:29 | 00:23:39 | | |
| 84 | 1201 | SZCZEPANIAK | ROBERT | ŁÓDŹ | RUNCREW/JAKOTEAM | 1979 | M40 | | 00:23:31 | 00:23:38 | | |
| 85 | 1103 | TREPKA | JOANNA | ŁÓDŹ | RYSIOTEM | 1977 | K40 | | 00:23:32 | 00:23:37 | | |
| 86 | 26 | PEPŁOŃSKI | MARIUSZ | ŁÓDŹ | GILLETTE RUN | 1980 | M40 | | 00:23:33 | 00:23:46 | | |
| 87 | 46 | GROCHOLEWICZ | MARIUSZ | ŁÓDŹ | | 1974 | M40 | | 00:23:36 | 00:23:41 | | |
| 88 | 221 | NOWAKOWSKI | PIOTR | ŁÓDŹ | DZIKIE DZIKI | 1983 | M30 | | 00:23:36 | 00:23:48 | | |
| 89 | 1159 | ROWIŃSKI | PAWEŁ | ŁÓDŹ | | 1990 | M30 | | 00:23:37 | 00:24:02 | | |
| 90 | 220 | MYNC | ANGELIKA | ŁÓDŹ | NORDEA RUNNERS | 1991 | K30 | | 00:23:44 | 00:23:49 | | |
| 91 | 31 | KUCZKOWSKI | ANDRZEJ | ŁÓDŹ | PHILIPS SPORT TEAM ŁÓDŹ | 1994 | M20 | | 00:23:44 | 00:23:52 | | |
| 92 | 1115 | KOZIEJ | MICHAŁ | ŁÓDŹ | | 1980 | M40 | | 00:23:45 | 00:24:03 | | |
| 93 | 1112 | LESZCZYŃSKI | MATEUSZ | ŁÓDŹ | SWORDS ATHLETICS | 1984 | M30 | | 00:23:46 | 00:23:53 | | |
| 94 | 1277 | SZUKALSKI | MACIEJ | ŁÓDŹ | WARRIORS ŁÓDŹ | 1991 | M30 | | 00:23:47 | 00:24:05 | | |
| 95 | 1058 | ŚCIGALSKA | OLIWIA | ŁÓDŹ | | 2000 | K20 | | 00:23:50 | 00:23:59 | | |
| 96 | 1094 | KSIĄŻKIEWICZ | MAGDALENA | ŁÓDŹ | RYSIOTEAM | 1977 | K40 | | 00:23:53 | 00:23:57 | | |
| 97 | 1175 | OKOŃ | JAKUB | OZORKÓW | MONAR OZORKÓW | 2004 | M16 | | 00:23:54 | 00:23:55 | | |
| 98 | 74 | NITA | MICHAŁ | ŁÓDŹ | | 1988 | M30 | | 00:23:54 | 00:23:55 | | |
| 99 | 145 | SOCHA | MARCIN | ŁÓDŹ | ***** | 1983 | M30 | | 00:23:56 | 00:24:07 | | |
| 100 | 1132 | OWCZAREK | JACEK | PIĄTKOWISKO | JACK IRON TRI TEAM | 1972 | M40 | | 00:24:03 | 00:24:15 | | |
| 101 | 175 | STRÓŃSKI | ARTUR | ŁĘCZYCA | GOSPODARSTWO ROLNE STRONGA | 1978 | M40 | | 00:24:03 | 00:24:09 | | |
| 102 | 68 | SZYMCZAK | DOMINIK | ŁÓDŹ | RAZEM TRENUJEMY SPORT | 1986 | M30 | | 00:24:05 | 00:24:20 | | |

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|-----|------|--------------------|------------|----------------------|-----------------------------|------|-----|----------|------------|-------------|---|---|
| 103 | 1251 | NOWACKI | TOMASZ | ANDRESPOL | | 1980 | M40 | | 00:24:05 | 00:24:19 | | |
| 104 | 204 | JEŻYNA | MARCIN | ŁÓDŹ | PHILIPS SPORT TEAM LODZ | 1987 | M30 | | 00:24:10 | 00:24:14 | | |
| 105 | 122 | OLSZEWSKI | ŁUKASZ | ŁÓDŹ | WARRIORS ŁÓDŹ | 1981 | M40 | | 00:24:13 | 00:24:31 | | |
| 106 | 1003 | ŁASKI | KAMIL | PIOTRKÓW TRYBUNALSKI | ROSSMANN | 1992 | M20 | | 00:24:13 | 00:24:21 | | |
| 107 | 170 | ŁASKI | RADOSŁAW | ŁÓDŹ | NORDEA RUNNERS/FOURTRISQUAD | 1983 | M30 | | 00:24:13 | 00:24:19 | | |
| 108 | 1281 | JASIECZEK | FILIP | ŁÓDŹ | DRUŻYNA PANA MICHAŁA | 1982 | M30 | | 00:24:14 | 00:24:44 | | |
| 109 | 210 | DZIAKOŃSKA | MALGORZATA | ŁÓDŹ | RYSIOTEAM | 1971 | K50 | | 00:24:15 | 00:24:26 | | |
| 110 | 60 | ROBASZEK | KAMIL | ŁÓDŹ | DO ROBOTY | 1991 | M30 | | 00:24:15 | 00:24:34 | | |
| 111 | 102 | STOLARZ | ANDRZEJ | ZGIERZ | BRAK | 1966 | M50 | | 00:24:19 | 00:24:43 | | |
| 112 | 105 | GRYSZANOWICZ | ZUZANNA | ŁÓDŹ | CLARIANT | 1996 | K20 | | 00:24:20 | 00:24:47 | | |
| 113 | 1286 | JANIK | MARCIN | ŁÓDŹ | | 1994 | M20 | | 00:24:20 | 00:24:47 | | |
| 114 | 22 | BECHTOLD | MACIEJ | ŁÓDŹ | BIEGAM Z ASSECO BS | 1975 | M40 | | 00:24:22 | 00:24:32 | | |
| 115 | 1027 | IZDEBSKI | PAWEŁ | DALIKÓW | BIEGACZA PROVIDENT | 1967 | M50 | | 00:24:31 | 00:24:52 | | |
| 116 | 129 | JANISZEWSKI | ŁUKASZ | ŁÓDŹ | KLUB BIEGACZA PROVIDENT | 2000 | M20 | | 00:24:32 | 00:24:43 | | |
| 117 | 1036 | KAROWSKI | MARCIN | ŁÓDŹ | | 1977 | M40 | | 00:24:33 | 00:24:39 | | |
| 118 | 1214 | GRABOWSKI | DAWID | OZORKÓW | MONAR OZORKOW | 2004 | M16 | | 00:24:34 | 00:24:44 | | |
| 119 | 1205 | WICIŃSKI | PIOTR | PABIANICE | RUNPROGRESS TEAM | 1980 | M40 | | 00:24:34 | 00:24:45 | | |
| 120 | 227 | OGŁOZIŃSKI | MICHAŁ | ŁÓDŹ | NORDEA RUNNERS | 1992 | M20 | | 00:24:37 | 00:24:38 | | |
| 121 | 1260 | SULMA | TOMASZ | ŁÓDŹ | | 1982 | M30 | | 00:24:38 | 00:24:56 | | |
| 122 | 99 | ŚWIĄTCZAK | ADAM | ŁÓDŹ | | 1969 | M50 | | 00:24:38 | 00:24:57 | | |
| 123 | 72 | GOGOLCZYK | MICHAŁ | ŁÓDŹ | SUPERTEAM | 1978 | M40 | | 00:24:40 | 00:24:58 | | |
| 124 | 1160 | KARAŚ | WITOLD | ŁÓDŹ | RYSIOTEAM | 1968 | M50 | | 00:24:43 | 00:24:50 | | |
| 125 | 1255 | ROGALA | MARCIN | ŁÓDŹ | | 1982 | M30 | | 00:24:44 | 00:25:22 | | |
| 126 | 172 | KOWALCZYK | MAGDA | ŁÓDŹ | WARRIORS ŁÓDŹ | 1985 | K30 | | 00:24:44 | 00:24:58 | | |
| 127 | 37 | ŁUKASIK | MARIUSZ | ŁÓDŹ | | 1979 | M40 | | 00:24:49 | 00:25:00 | | |
| 128 | 100 | GODLEWSKI | MATEUSZ | GRABINA | BRAK | 1989 | M30 | | 00:24:52 | 00:25:16 | | |
| 129 | 209 | MITORAJ | KAJA | ŁÓDŹ | PHILIPS SPORT TEAM LODZ | 1995 | K20 | | 00:24:56 | 00:25:18 | | |
| 130 | 119 | ZALEGA | LUIZA | RĄBIEŃ | SGB LZG | 1972 | K40 | | 00:25:01 | 00:25:17 | | |
| 131 | 1045 | KORCZYŃSKI | STANISŁAW | KOLUSZKI | PIETRZYK RUNING TEAM | 1953 | M60 | | 00:25:07 | 00:25:17 | | |
| 132 | 218 | PIERA | ADRIAN | ŁÓDŹ | FSOCIETY | 1990 | M30 | | 00:25:08 | 00:25:25 | | |
| 133 | 132 | SZWEBS | MARCIN | ŁÓDŹ | FB/BIEGAJACESTATYSTYKI | 1974 | M40 | | 00:25:09 | 00:25:21 | | |
| 134 | 1158 | KOZIELSKI VEL K... | RYSZARD | ŁÓDŹ | ŁÓDŹRUNCREW/JAKOTEAM | 1958 | M60 | | 00:25:09 | 00:25:56 | | |
| 135 | 1108 | RADZIKOWSKI | JACEK | ŁÓDŹ | KEZ.XXIV.LO | 1996 | M20 | | 00:25:10 | 00:25:11 | | |
| 136 | 115 | SMARZEK | TOMASZ | ŁÓDŹ | MBANK | 1982 | M30 | | 00:25:11 | 00:25:31 | | |
| 137 | 1183 | SOLTYSIAK | ADAM | STRÓŻA | AKTYWNI WG | 1987 | M30 | | 00:25:13 | 00:25:27 | | |
| 138 | 1081 | JURGA | DAMIAN | ŁÓDŹ | KUTASIARZE | 1988 | M30 | | 00:25:14 | 00:25:33 | | |
| 139 | 1226 | DOBROSZ | MICHAŁ | ŁÓDŹ | GILLETTE RUN | 1980 | M40 | | 00:25:16 | 00:25:42 | | |
| 140 | 201 | CIESLAK | KRZYSZTOF | ŁÓDŹ | PHILIPS SPORT TEAM LODZ | 1980 | M40 | | 00:25:25 | 00:26:01 | | |
| 141 | 1154 | BRYKOWSKA | TERESA | PABIANICE | ADA TEAM | 1964 | K50 | | 00:25:25 | 00:25:38 | | |
| 142 | 24 | TRZCIŃSKI | PAWEŁ | RĄBIEŃ AB | BRAK | 1975 | M40 | | 00:25:26 | 00:25:27 | | |
| 143 | 1055 | HAŁACZKIEWICZ | RAFAŁ | ŁÓDŹ | BSH ŁÓDŹ RUNNING TEAM | 1987 | M30 | | 00:25:27 | 00:25:37 | | |
| 144 | 32 | GROBELKIEWICZ | ŁUKASZ | KONSTANTYNÓW ŁÓDZKI | CZARNE ZASTĘPY | 1982 | M30 | | 00:25:28 | 00:25:47 | | |
| 145 | 1015 | WIECHA | MAŁGORZATA | ŁÓDŹ | | 1970 | K50 | | 00:25:34 | 00:25:53 | | |
| 146 | 1010 | POLUSZYŃSKA | DOMINIKA | ŁÓDŹ | | 1994 | K20 | | 00:25:35 | 00:25:55 | | |
| 147 | 1274 | PROCHWICZ | TOMASZ | ŁÓDŹ | | 1987 | M30 | | 00:25:39 | 00:25:48 | | |
| 148 | 1013 | MYNC | MARCIN | ŁÓDŹ | | 1986 | M30 | | 00:25:39 | 00:25:45 | | |
| 149 | 197 | TOMALA | MANUELA | ŁÓDŹ | PHILIPS SPORT TEAM LODZ | 1989 | K30 | | 00:25:43 | 00:25:58 | | |
| 150 | 1266 | WOŹNICKI | KRZYSZTOF | ŁÓDŹ | | 1988 | M30 | | 00:25:46 | 00:26:05 | | |
| 151 | 1051 | KIERZEK | EWA | ŁÓDŹ | #TAKIJESTPLAN | 1977 | K40 | | 00:25:51 | 00:26:07 | | |
| 152 | 1053 | BANACH | IWONA | ROKICINY | PIETRZYK RUNNIG TEAM | 1981 | K40 | | 00:25:52 | 00:26:04 | | |
| 153 | 138 | PODZIŃSKI | EDWARD | ŁÓDŹ | ORIENTUS | 1961 | M60 | | 00:25:59 | 00:26:31 | | |

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| MSC | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|------------------|------------|----------------------|-------------------------|------|-----|----------|------------|-------------|---|---|
| 154 | 219 | WIESZCZAK | PIOTR | ŁÓDŹ | PHILIPS SPORT TEAM LODZ | 1981 | M40 | | 00:26:00 | 00:26:15 | | |
| 155 | 1221 | ADAMSKI | ADAM | KOLUSZKI | LKS KOLUSZKI | 2004 | M16 | | 00:26:01 | 00:26:11 | | |
| 156 | 1085 | LESIAK-MAŃKA | MONIKA | ŁÓDŹ | RYSIOTEAM | 1975 | K40 | | 00:26:01 | 00:26:05 | | |
| 157 | 1082 | GROMEK | KATARZYNA | ŁÓDŹ | | 1971 | K50 | | 00:26:11 | 00:26:22 | | |
| 158 | 177 | OLCZAK | MARIUSZ | ŁÓDŹ | RAZEM TRENUJEMY SPORT | 1976 | M40 | | 00:26:11 | 00:26:31 | | |
| 159 | 1142 | WÓJTOWSKI | MARCIN | ŁÓDŹ | | 1975 | M40 | | 00:26:21 | 00:28:42 | | |
| 160 | 1059 | ŁAWICKI | MICHAŁ | ŁÓDŹ | MEDILAB | 1974 | M40 | | 00:26:22 | 00:26:43 | | |
| 161 | 1269 | IMIŃSKI | CEZARY | ŁÓDŹ | | 1968 | M50 | | 00:26:23 | 00:26:30 | | |
| 162 | 1087 | KALSKA | MAGDALENA | ŁÓDŹ | | 1984 | K30 | | 00:26:25 | 00:26:42 | | |
| 163 | 1241 | BOGACZ | PAULINA | ZŁOCHOWICE | | 2000 | K20 | | 00:26:27 | 00:26:57 | | |
| 164 | 77 | RÓŻAŃSKA | IZABELA | ŁÓDŹ | UWOLNIJ ENERGIĘ | 1977 | K40 | | 00:26:28 | 00:26:57 | | |
| 165 | 1022 | ŚWIDERSKI | JÓZEF | ŁÓDŹ | AQ WIRING SYSTEMS TEAM | 1961 | M60 | | 00:26:31 | 00:26:51 | | |
| 166 | 1133 | FIJAŁKOWSKI | PIOTR | ŁÓDŹ | | 1990 | M30 | | 00:26:33 | 00:26:44 | | |
| 167 | 196 | SZCZEŚNIEWICZ | PAULINA | ŁÓDŹ | PHILIPS SPORT TEAM LODZ | 1986 | K30 | | 00:26:40 | 00:26:55 | | |
| 168 | 130 | MIKOŁAJCZYK | AGNIESZKA | ŁÓDŹ | | 1985 | K30 | | 00:26:41 | 00:27:07 | | |
| 169 | 73 | ŁOJEK | ARKADIUSZ | ŁÓDŹ | | 1984 | M30 | | 00:26:41 | 00:26:54 | | |
| 170 | 127 | NAJDEREK | MACIEJ | ŁÓDŹ | NAJDERKI4 | 1982 | M30 | | 00:26:43 | 00:27:05 | | |
| 171 | 1050 | ANTONIAK | WIESŁAWA | ŁÓDŹ | RYSIOTEAM | 1959 | K60 | | 00:26:44 | 00:26:54 | | |
| 172 | 1278 | PRYCA | PIOTR | ŁÓDŹ | | 1979 | M40 | | 00:26:54 | 00:27:13 | | |
| 173 | 104 | JANIK | ALEKSANDRA | ŁÓDŹ | CLARIANT | 1996 | K20 | | 00:26:54 | 00:27:22 | | |
| 174 | 168 | WIŚNIEWSKA | JUSTYNA | STRYKÓW | NORDEA RUNNERS | 1990 | K30 | | 00:26:59 | 00:27:16 | | |
| 175 | 1246 | GRACZ | MIKOŁAJ | ŁÓDŹ | | 1978 | M40 | | 00:27:00 | 00:27:19 | | |
| 176 | 143 | SIEMIŃSKA | MARTA | KOLUSZKI | LKS KOLUSZKI | 1979 | K40 | | 00:27:02 | 00:27:12 | | |
| 177 | 162 | KWAŚNIEWSKI | HENRYK | ŁÓDŹ | BRĄK | 1954 | M60 | | 00:27:02 | 00:27:11 | | |
| 178 | 1074 | ROGUT | KATARZYNA | RĄBIEŃ AB | AGB TORFY | 1971 | K50 | | 00:27:02 | 00:27:18 | | |
| 179 | 45 | AUGUSTOWSKA | MONIKA | ŁÓDŹ | | 1981 | K40 | | 00:27:06 | 00:27:29 | | |
| 180 | 1250 | MASZOREK-SZYMAŁA | ANNA | ŁÓDŹ | UNIŁODZ | 1970 | K50 | | 00:27:12 | 00:27:32 | | |
| 181 | 1038 | BANAŚ | MAŁGORZATA | ŁÓDŹ | | 1986 | K30 | | 00:27:13 | 00:27:33 | | |
| 182 | 1292 | STOCHMAN | KAMIL | ŁÓDŹ | | 1988 | M30 | | 00:27:29 | 00:28:05 | | |
| 183 | 190 | OLSZEWSKA | JOANNA | ŁÓDŹ | | 1993 | K20 | | 00:27:30 | 00:28:05 | | |
| 184 | 1261 | GŁĄB | JAKUB | PABIANICE | | 1984 | M30 | | 00:27:35 | 00:27:48 | | |
| 185 | 1076 | BALICKI | JACEK | ŁÓDŹ | BIEGACZ NOWOSOLNA | 1963 | M50 | | 00:27:39 | 00:27:45 | | |
| 186 | 1252 | ŁASZCZUK | IZA | ŁÓDŹ | WATAHA | 1983 | K30 | | 00:27:41 | 00:28:01 | | |
| 187 | 70 | BAK | SEBASTIAN | ŁÓDŹ | | 2005 | M16 | | 00:27:49 | 00:28:17 | | |
| 188 | 1258 | MIŚKIEWICZ | PIOTR | PIOTRKÓW TRYBUNALSKI | | 1980 | M40 | | 00:27:50 | 00:28:29 | | |
| 189 | 59 | BUJAKOWSKI | ŁUKASZ | ŁÓDŹ | DO ROBOTY | 1983 | M30 | | 00:27:50 | 00:27:51 | | |
| 190 | 198 | DZIEWANOWSKI | MATEUSZ | ŁÓDŹ | PHILIPS SPORT TEAM LODZ | 1995 | M20 | | 00:27:51 | 00:28:09 | | |
| 191 | 1107 | KACZMAREK | MALGORZATA | ŁÓDŹ | | 1976 | K40 | | 00:27:54 | 00:28:10 | | |
| 192 | 1048 | DZIEGIELEWSKA | MARTA | ŁÓDŹ | MATNER RUNNING TEAM | 1983 | K30 | | 00:27:55 | 00:28:15 | | |
| 193 | 1290 | PAWLIKOWSKA | ZUZANNA | ŁÓDŹ | WARRIORS ŁÓDŹ | 1994 | K20 | | 00:27:56 | 00:28:10 | | |
| 194 | 1152 | DOBRZYŃSKI | JACEK | ŁÓDŹ | | 1987 | M30 | | 00:27:56 | 00:28:09 | | |
| 195 | 195 | JAGODA-SZYMCZAK | ANNA | ŁÓDŹ | PHILIPS SPORT TEAM LODZ | 1981 | K40 | | 00:27:57 | 00:28:33 | | |
| 196 | 1145 | RADZIKOWSKI | JAROSŁAW | ŁÓDŹ | RUN-LOG.COM | 1969 | M50 | | 00:27:57 | 00:28:27 | | |
| 197 | 1026 | ZIMIŃSKA | JOANNA | ŁÓDŹ | HAPPYRUNNERS | 1971 | K50 | | 00:27:58 | 00:28:14 | | |
| 198 | 21 | FAFARA | AGNIESZKA | ŁÓDŹ | | 1979 | K40 | | 00:28:02 | 00:28:30 | | |
| 199 | 1023 | DEFRATYKA | AGA | ŁÓDŹ | | 1973 | K40 | | 00:28:02 | 00:28:31 | | |
| 200 | 61 | GRABSKI | ADRIAN | STAROWA GÓRA | | 1985 | M30 | | 00:28:03 | 00:28:26 | | |
| 201 | 1276 | MROZOWSKI | FILIP | ŁÓDŹ | | 1983 | M30 | | 00:28:05 | 00:28:20 | | |
| 202 | 1289 | OWCZAREK | BEATA | JADWININ | | 1973 | K40 | | 00:28:06 | 00:28:19 | | |
| 203 | 1288 | OWCZAREK | PAWEŁ | JADWININ | | 1971 | M50 | | 00:28:06 | 00:28:19 | | |
| 204 | 1129 | STEFANÓW | KRYSTIAN | ŁÓDŹ | KLUB BIEGACZA PROVIDENT | 2005 | M16 | | 00:28:12 | 00:28:19 | | |

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|-----|------|--------------------|------------|----------------------|-------------------------|------|-----|----------|------------|-------------|---|---|
| 205 | 1011 | SZYMAŃSKA | KINGA | ŁÓDŹ | WARRIORS ŁÓDŹ | 1992 | K20 | | 00:28:14 | 00:28:15 | | |
| 206 | 1063 | KARDAS | MARZENA | ŁÓDŹ | | 1978 | K40 | | 00:28:15 | 00:28:37 | | |
| 207 | 1054 | KARLIKOWSKA-ANT... | MAŁGORZATA | ŁĘCZYCA | KOBIETY W BIEGU | 1979 | K40 | | 00:28:15 | 00:28:30 | | |
| 208 | 1065 | KINDELA | MICHAŁ | ŁÓDŹ | | 1986 | M30 | | 00:28:15 | 00:28:37 | | |
| 209 | 206 | RYNIECKA | JOANNA | ŁÓDŹ | | 1977 | K40 | | 00:28:22 | 00:28:25 | | |
| 210 | 137 | KARDECKI | WALDEMAR | SIERADZ | | 1962 | M50 | | 00:28:31 | 00:28:48 | | |
| 211 | 1116 | BOGUS | AGNIESZKA | BURZENIN | | 1969 | K50 | | 00:28:31 | 00:28:32 | | |
| 212 | 69 | SZPAK | MARCIN | ŁÓDŹ | | 1979 | M40 | | 00:28:34 | 00:29:01 | | |
| 213 | 186 | KABAT | MARCIN | JUSTYNÓW | NORDEA RUNNERS | 1991 | M30 | | 00:28:36 | 00:28:44 | | |
| 214 | 144 | KOZAK | WOJCIECH | STRYKÓW | | 1994 | M20 | | 00:28:41 | 00:28:57 | | |
| 215 | 1293 | GUNTHER | MARTA | ŁÓDŹ | RAZEM TRENUJEMY SPORT | 1984 | K30 | | 00:28:42 | 00:29:03 | | |
| 216 | 1090 | KOCIK | ADAM | ŁÓDŹ | RAZEM TRENUJEMY SPORT | 1973 | M40 | | 00:28:47 | 00:29:29 | | |
| 217 | 110 | GUNTHER | DAWID | ŁÓDŹ | RAZEM TRENUJEMY SPORT | 2003 | M16 | | 00:28:49 | 00:29:02 | | |
| 218 | 136 | CALERO | DARWIN | ŁÓDŹ | CLARIANT | 1987 | M30 | | 00:28:52 | 00:29:08 | | |
| 219 | 1007 | MĘDREK | JOANNA | KOLUSZKI | PIETRZYK RUNNING TEAM | 1967 | K50 | | 00:29:02 | 00:29:11 | | |
| 220 | 1024 | MADEJ | ELŻBIETA | ŁÓDŹ | XX | 1960 | K60 | | 00:29:02 | 00:29:15 | | |
| 221 | 19 | JAROS | MICHAŁ | ŁÓDŹ | TOMTOM RUNNERS | 1983 | M30 | | 00:29:02 | 00:29:34 | | |
| 222 | 139 | SZUBIELSKI | MARCIN | ŁÓDŹ | AFTER90 | 1993 | M20 | | 00:29:02 | 00:29:32 | | |
| 223 | 212 | FRYMUS | EMILIA | ŁÓDŹ | PHILIPS SPORT TEAM ŁÓDŹ | 1984 | K30 | | 00:29:07 | 00:29:39 | | |
| 224 | 1144 | FRYMUS | KAMIL | ŁÓDŹ | | 1983 | M30 | | 00:29:07 | 00:29:39 | | |
| 225 | 1156 | PIASKOWSKI | ANDRZEJ | ŁÓDŹ | | 1972 | M40 | | 00:29:09 | 00:29:41 | | |
| 226 | 1049 | SZPLIT | AGATA | PABIANICE | KORONA PABIANICE | 1988 | K30 | | 00:29:13 | 00:29:30 | | |
| 227 | 1181 | OBIDOWSKI | DAMIAN | STRÓŻA | | 1976 | M40 | | 00:29:14 | 00:29:39 | | |
| 228 | 1259 | KOCHANOWSKI | MICHAŁ | PIOTRKÓW TRYBUNALSKI | | 1979 | M40 | | 00:29:17 | 00:29:56 | | |
| 229 | 71 | GRZYMALSKA | AMANDA | ŁÓDŹ | ROSSMANN | 1993 | K20 | | 00:29:20 | 00:29:51 | | |
| 230 | 1254 | BIEDERKA | ZBIGNIEW | PAPROTNIA | | 1955 | M60 | | 00:29:25 | 00:29:49 | | |
| 231 | 1039 | KARBOWNIK | BOGUSŁAW | ŁÓDŹ | ŁÓDŹ KOCHA SPORT | 1953 | M60 | | 00:29:27 | 00:29:38 | | |
| 232 | 118 | RAJCZAK | NATALIA | ŁÓDŹ | | 1985 | K30 | | 00:29:30 | 00:30:02 | | |
| 233 | 1131 | WOJTASZCZYK | JOANNA | ŁÓDŹ | KLUB BIEGACZA PROVIDENT | 1977 | K40 | | 00:29:35 | 00:30:09 | | |
| 234 | 1279 | SZPERNAL | BEATA | PŁOCK | | 1964 | K50 | | 00:29:36 | 00:30:03 | | |
| 235 | 1109 | GUTENPLAN | PATRYK | ŁÓDŹ | ŁÓDŹRUNCREW/JOKOTEAM | 1994 | M20 | | 00:29:38 | 00:30:08 | | |
| 236 | 208 | MATERA | STANISŁAW | ŁÓDŹ | PHILIPS SPORT TEAM ŁÓDŹ | 1983 | M30 | | 00:29:39 | 00:30:08 | | |
| 237 | 120 | ZARYCHTA | AGATA | ŁÓDŹ | | 1969 | K50 | | 00:29:44 | 00:30:20 | | |
| 238 | 1204 | GALANCIAK | ROKSANA | ZGIERZ | | 2002 | K16 | | 00:29:45 | 00:30:06 | | |
| 239 | 50 | KRYCH | ROBERT | RĄBIEŃ | | 1970 | M50 | | 00:29:47 | 00:30:04 | | |
| 240 | 135 | BLASIAK | PAWEŁ | ŁÓDŹ | CLARIANT | 1991 | M30 | | 00:29:51 | 00:30:17 | | |
| 241 | 64 | MŁYNARSKA | PAULINA | ŁÓDŹ | | 1988 | K30 | | 00:29:52 | 00:30:17 | | |
| 242 | 20 | ŁOŚ | MICHAŁ | ŁÓDŹ | RAZEM TRENUJEMY SPORT | 1980 | M40 | | 00:29:55 | 00:30:24 | | |
| 243 | 27 | KOWALSKI | ROBERT | ŁÓDŹ | RAZEM TRENUJEMY SPORT | 1980 | M40 | | 00:29:59 | 00:30:28 | | |
| 244 | 1283 | ZEMBRZUSKI | JAROSŁAW | ŁÓDŹ | | 1982 | M30 | | 00:30:22 | 00:30:49 | | |
| 245 | 1100 | NOWACKA | KATARZYNA | ŁÓDŹ | | 1973 | K40 | | 00:30:29 | 00:30:43 | | |
| 246 | 126 | GARCIA | RODRIGO | ŁÓDŹ | CLARIANT | 1991 | M30 | | 00:30:33 | 00:30:49 | | |
| 247 | 224 | KLOSINSKI | PIOTR | ŁÓDŹ | KB-ADWOKACI.PL | 1981 | M40 | | 00:30:47 | 00:31:18 | | |
| 248 | 226 | KLOSINSKA | AGATA | ŁÓDŹ | KB-ADWOKACI.PL | 1981 | K40 | | 00:30:49 | 00:31:19 | | |
| 249 | 1263 | ZALASA | PATRYK | ŁÓDŹ | | 1993 | M20 | | 00:31:07 | 00:31:47 | | |
| 250 | 169 | WASIELA | WERONIKA | ZGIERZ | | 1991 | K30 | | 00:31:11 | 00:31:34 | | |
| 251 | 1236 | TRYBULSKA | MARIKA | ŁÓDŹ | KB ADWOKACI | 1988 | K30 | | 00:31:11 | 00:31:43 | | |
| 252 | 232 | CIACH-FLIGIEL | ALEKSANDRA | ŁÓDŹ | VEOLIA ŁÓDŹ | 1979 | K40 | | 00:31:24 | 00:32:02 | | |
| 253 | 1006 | OCHOCKA | EWA | ŁÓDŹ | BIEGNIĘTE ŁASKI | 1978 | K40 | | 00:31:31 | 00:32:08 | | |
| 254 | 1285 | KARWACKI | SEBASTIAN | ŁÓDŹ | | 1975 | M40 | | 00:31:31 | 00:32:08 | | |
| 255 | 16 | JAROS | ADAM | ŁÓDŹ | DRAGOSFERA | 1976 | M40 | | 00:31:32 | 00:32:03 | | |

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|-----|------|--------------------|------------|--------------------|-----------------------|------|-----|----------|------------|-------------|---|---|
| 256 | 124 | JACKIEWICZ | JOANNA | ŁÓDŹ | CLARIANT | 1989 | K30 | | 00:31:33 | 00:34:33 | | |
| 257 | 1257 | BIALEK | AGATA | ŁÓDŹ | | 1977 | K40 | | 00:31:34 | 00:31:35 | | |
| 258 | 1218 | BANASIAK | PIOTR | OZORKÓW | KRZAL ADVENTURE TEAM | 1966 | M50 | | 00:31:35 | 00:32:05 | | |
| 259 | 1157 | JANISZEWSKI | SYLWERIUSZ | ŁÓDŹ | | 1976 | M40 | | 00:31:47 | 00:32:24 | | |
| 260 | 1029 | LANGE | ANDRZEJ | ŁÓDŹ | | 1969 | M50 | | 00:32:15 | 00:32:39 | | |
| 261 | 1021 | TOMCZYK | DOROTA | ŁÓDŹ | | 1969 | K50 | | 00:32:16 | 00:32:39 | | |
| 262 | 189 | CHMIEL | ANDRZEJ | ŁÓDŹ | BEDNARSKI TRI TEAM | 1956 | M60 | | 00:32:17 | 00:33:01 | | |
| 263 | 97 | CHMIEL | PAULINA | ŁÓDŹ | BEDNARSKI TRI TEAM | 1985 | K30 | | 00:32:18 | 00:33:02 | | |
| 264 | 176 | GALANT | ŁUKASZ | ŁÓDŹ | | 1992 | M20 | | 00:32:29 | 00:33:06 | | |
| 265 | 216 | MATCZAK | ARKADIUSZ | ŁÓDŹ | NORDEA RUNNERS | 1987 | M30 | | 00:32:30 | 00:33:10 | | |
| 266 | 1134 | HARLEJCZYK | PATRYCJA | ŁÓDŹ | | 1973 | K40 | | 00:32:36 | 00:33:16 | | |
| 267 | 1114 | GORTAT | AGNIESZKA | ŁÓDŹ | | 1976 | K40 | | 00:32:37 | 00:32:57 | | |
| 268 | 181 | POTOCKI | MICHAŁ | ŁÓDŹ | SZLACHETNE LENIUCHY | 1980 | M40 | | 00:32:45 | 00:33:20 | | |
| 269 | 222 | MUNDZIA | ANNA | ROSANÓW | | 1965 | K50 | | 00:32:46 | 00:33:08 | | |
| 270 | 103 | LYJAK | MIROSLAW | ZGIERZ | BRAK | 1957 | M60 | | 00:32:50 | 00:33:14 | | |
| 271 | 167 | KMIN | KRZYSZTOF | ŁÓDŹ | | 1990 | M30 | | 00:32:50 | 00:33:21 | | |
| 272 | 1163 | PAPKA | DANUTA | ŁÓDŹ | ŁÓDŹ KOCHA SPORT | 1984 | K30 | | 00:33:01 | 00:33:38 | | |
| 273 | 149 | MIKULSKA | AGNIESZKA | ŁÓDŹ | RAZEM TRENUJEMY SPORT | 1975 | K40 | | 00:33:02 | 00:33:31 | | |
| 274 | 125 | ZARYCHTA | RADOSŁAW | ŁÓDŹ | | 1969 | M50 | | 00:33:31 | 00:34:07 | | |
| 275 | 18 | STOKOWSKA-SKŁAD... | DAGMARA | ŁÓDŹ | FAMILYREPUBLIC.PL | 1978 | K40 | | 00:33:34 | 00:33:58 | | |
| 276 | 57 | STRUSZCZAK | KRZYSZTOF | ŁÓDŹ | | 1969 | M50 | | 00:33:36 | 00:34:17 | | |
| 277 | 1096 | NOWAK | EWA | ŁÓDŹ | ŁÓDŹRUNCREW/JAKOTEAM | 1962 | K50 | | 00:33:36 | 00:33:37 | | |
| 278 | 1264 | CZEKAJEWSKA | IZABELA | ALEKSANDRÓW ŁÓDZKI | | 1976 | K40 | | 00:33:37 | 00:34:17 | | |
| 279 | 1037 | DĘBICKA | DOROTA | ŁÓDŹ | EVERRUN | 1971 | K50 | | 00:33:38 | 00:34:02 | | |
| 280 | 1268 | KWIATKOWSKI | MARIUSZ | ŁÓDŹ | | 1963 | M50 | | 00:33:44 | 00:33:45 | | |
| 281 | 1193 | GARWACKA | ANNA | PŁOCK | | 1997 | K20 | | 00:34:03 | 00:34:37 | | |
| 282 | 75 | DWORNIAK-PRYCA | KATARZYNA | ŁÓDŹ | | 1981 | K40 | | 00:34:16 | 00:34:36 | | |
| 283 | 1273 | MOTKOWSKI | MATEUSZ | SZADEK | | 1990 | M30 | | 00:34:22 | 00:34:55 | | |
| 284 | 56 | PAŚNIK | RENATA | ŁÓDŹ | | 1970 | K50 | | 00:34:26 | 00:34:35 | | |
| 285 | 55 | PAŚNIK | JAROSŁAW | ŁÓDŹ | | 1966 | M50 | | 00:34:26 | 00:34:35 | | |
| 286 | 128 | KLIMCZAK | ALICJA | ŁASK | | 1958 | K60 | | 00:34:28 | 00:34:57 | | |
| 287 | 147 | TRĘBSKA | NATALIA | ŁÓDŹ | | 1994 | K20 | | 00:34:37 | 00:35:13 | | |
| 288 | 1256 | GATNER | MAŁGORZATA | ŁÓDŹ | | 1984 | K30 | | 00:34:39 | 00:35:17 | | |
| 289 | 156 | KOWALSKA | MAŁGORZATA | ŁÓDŹ | | 1984 | K30 | | 00:34:59 | 00:35:37 | | |
| 290 | 1174 | RYBICKI | FILIP | OZORKÓW | MONAR OZORKÓW | 2004 | M16 | | 00:35:11 | 00:35:23 | | |
| 291 | 1265 | FIRYCH-NOWACKA | ANNA | STRÓŻA | | 1982 | K30 | | 00:35:15 | 00:35:40 | | |
| 292 | 160 | KUCZYŃSKA | ROZALIA | OZORKÓW | MONAR OZORKOW | 2005 | K16 | | 00:35:15 | 00:35:27 | | |
| 293 | 1171 | GRABOWSKA | ZUZANNA | OZORKÓW | MONAR OZORKÓW | 2005 | K16 | | 00:35:36 | 00:35:48 | | |
| 294 | 1238 | WIROWSKI | PIOTR | BUCZEK | BUCZEK TEAM | 1955 | M60 | | 00:36:01 | 00:36:28 | | |
| 295 | 1287 | KACZMAREK | STELLA | ŁÓDŹ | | 1976 | K40 | | 00:36:01 | 00:36:02 | | |
| 296 | 1262 | SZELEST | MAŁGORZATA | WIŚNIOWA GÓRA | | 1973 | K40 | | 00:36:21 | 00:36:54 | | |
| 297 | 1117 | HANYSZ-WORACH | PAULINA | ŁÓDŹ | MAGICCZARNELOVE | 1986 | K30 | | 00:36:21 | 00:36:44 | | |
| 298 | 1118 | BERNACIK | JACEK | ŁÓDŹ | WS ŁÓDŹ | 1975 | M40 | | 00:36:22 | 00:36:46 | | |
| 299 | 17 | KONARCZAK | KACPER | ŁÓDŹ | CELIRONMAN | 1991 | M30 | | 00:36:28 | 00:36:49 | | |
| 300 | 1098 | POŁOWINSKI | PAWEŁ | RUDA-BUGAJ | | 1989 | M30 | | 00:36:43 | 00:37:00 | | |
| 301 | 1099 | POŁOWIŃSKA | KAROLINA | ŁÓDŹ | | 1992 | K20 | | 00:36:43 | 00:37:00 | | |
| 302 | 51 | STANIASZEK | DAMIAN | PABIANICE | DASTAN RUNNING TEAM | 1986 | M30 | | 00:36:56 | 00:37:35 | | |
| 303 | 47 | PASTUSZKA | JOANNA | ŁÓDŹ | RUN ŁDZ | 1965 | K50 | | 00:37:31 | 00:37:40 | | |
| 304 | 230 | MARKIEWICZ | ANETA | ŁÓDŹ | | 1987 | K30 | | 00:37:58 | 00:37:59 | | |
| 305 | 1140 | NIEWCZAS | KARINA | WARSZAWA | | 1979 | K40 | | 00:38:01 | 00:38:27 | | |
| 306 | 1068 | MYŚKO - LISOWSKA | MIROSLAWA | SMARDZEW | | 1974 | K40 | | 00:38:19 | 00:38:34 | | |

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Łódź, Bieg 3, 2022-01-09



| MSC | NR | NAZWISKO | IMIĘ | MIEJSCOWOŚĆ | KLUB | ROK | KAT | MSC KAT. | CZAS NETTO | CZAS BRUTTO | M | K |
|-----|------|--------------|-------------|-------------|-----------------------------------|------|-----|----------|------------|-------------|---|---|
| 307 | 98 | LASZCZYK | KRZYSZTOF | ŁÓDŹ | RAZEM TRENUJEMY SPORT | 1972 | M40 | | 00:38:29 | 00:39:10 | | |
| 308 | 187 | KNOBLOCH | KATARZYNA | ŁÓDŹ | | 1992 | K20 | | 00:38:47 | 00:39:10 | | |
| 309 | 78 | MICOR | JOLANTA | ŁÓDŹ | #HAPPYRUNNERS | 1992 | K20 | | 00:38:52 | 00:39:30 | | |
| 310 | 1057 | SKONIECZNY | JAROSŁAW | ŁÓDŹ | | 1985 | M30 | | 00:39:19 | 00:39:47 | | |
| 311 | 1056 | SKONIECZNA | KATARZYNA | ŁÓDŹ | | 1985 | K30 | | 00:39:19 | 00:39:47 | | |
| 312 | 40 | HAJDUKIEWICZ | AGNIESZKA | ŁÓDŹ | | 1981 | K40 | | 00:41:52 | 00:42:34 | | |
| 313 | 191 | BLADOWSKI | ZDZISŁAW | ŁÓDŹ | EPOKA NORDICA ŁÓDŹ | 1946 | M60 | | 00:41:56 | 00:42:29 | | |
| 314 | 1033 | BŁĄDEK | WITOLD | ŁÓDŹ | ZAWSZE MŁODZI NORDIC WALKING ŁÓDŹ | 1944 | M60 | | 00:42:52 | 00:43:25 | | |
| 315 | 1192 | KACZMAREK | WŁODZIMIERZ | ŁÓDŹ | K.S.ULTRA TEAM ŁÓDŹ | 1951 | M60 | | 00:45:28 | 00:46:03 | | |
| 316 | 1040 | PIGUŁA | KRZYSZTOF | ŁÓDŹ | | 1962 | M50 | | 00:47:24 | 00:47:25 | | |
| 317 | 1041 | BŁĄDEK | JOLANTA | ŁÓDŹ | ZAWSZE MŁODZI NORDIC WALKING ŁÓDŹ | 1944 | K60 | | 00:48:15 | 00:48:42 | | |